

New Buckenham Parish News



October 2023

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present



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by
Ben Crocker

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December 7th, 8th and 9th 8pm
Saturday Matinee 2pm

New Buckenham Village Hall



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New Buckenham Parish News

October 2023

Help with the Children's Garden

I am hoping families in the village will be able to join us at the Children's Garden next to the Village Hall on Saturday 28th October between 10am and 12pm. We will be tidying up the garden and planting lots of bulbs ready for the Spring. Please bring spades, trowels, wheel barrows and watering cans. There will be drinks and cakes for everyone.

If anyone has any bulbs they would like to donate including daffodils, cyclamen, tulips and bluebells please bring them on the day or you can drop them off at Pump Court, Church Street.

An update regarding the bin for the bird feed, it seems our friendly squirrels kept ransacking it! I have ordered a metal bin (hopefully squirrel proof), which should be in place shortly!

Mandy Hartley

Sponsor the Parish News

If you would be interested in sponsoring an issue of Parish News or advertising in the magazine, please contact Mary Dowson on 01953 860320 or email mdowson@btinternet.com.

Parish News Committee

Goodbye Joan

I came to the village in October 1959 with my father (the new Vicar) and my mother Joan and my sister.

Joan lived in the Vicarage until my father's death in April 1977 and then moved to Foxes, Boosey's Walk, where she lived until February 2021, when she moved to DeLucy House in Diss. Joan loved New Buckenham and touched the lives of many generations. She and my father started what is now the New Buckenham Parish News in the early 1960s and I remember the monthly ritual well of the smell of the gestetner machine printing them and then drying on the dining room table before collating them and stapling together.

Joan died peacefully on Friday 15th September 2023. She was 100 years and 10 months.

Joan's funeral will be held at New Buckenham Church on Friday 6th October at 11:30am and afterwards at the King's Head for anyone who would like to join the family for a light buffet and toast her life. It would be very helpful if those who would like to come could let me know on felicityannet@gmail.com, as this will help with service sheets and catering.

The family will be leaving at 1:30pm to accompany Joan to the crematorium, as she is to rest with my father in the churchyard.

Fizz Thomas

Community Speedwatch Update

I am sure we have all been much relieved by the reopening of the A11 and the village is notably quieter traffic wise. I would like to report that speeding in the village has likewise dropped off but, as our Sunday 17th September figures show (our most recent session at the time of writing), drivers continue to disregard the 20-miles-per-hour limit and on Sunday morning, we recorded 24 speeding vehicles in an hour, with nearly half of them (11) driving in excess of 30 miles per hour.

The Speedwatch team regularly see speeds in excess of 30 miles per hour, with some vehicles driving well over 40 miles per hour; 41% of speeding vehicles in fact. This is worrying given the nature of our roads and the fact that many are speeding past the park and Common entrance area, a popular place for children and walkers. On Two Wheel Tuesday we can record speeding motorbikes in double figures when, usually, we only see 1 or 2 speeding bikes in an hour; overall however, the majority of speeding vehicles are private cars (81%).

We have so far reported 228 speeding motorists during August and September and we have been advised by the Norfolk Constabulary that this is an unusually high amount of speeding vehicles for such a small village. We are working with the Parish Council, Breckland District Council and the police to deter motorists from continuing to disregard the law and we ask all villagers to respect the speed limit which is there for safety and environmental reasons. We appreciate that being tailgated through the village is not pleasant, but if we all stick to the limit this will eventually pay off as passing traffic will expect to slow down in New Buckenham.

We have a dedicated team of 10 volunteers, but would welcome further volunteers as we intend to continue our monitoring throughout the winter months. Please feel free to email me on susan_felton@hotmail.co.uk if you would like further information.

Sue Felton

Fireworks Display and Bonfire

Saturday 4th November 2023

We will be having the New Buckenham Firework Spectacular and Bonfire on the 4th November at the Village Hall – once again we will be trying to eclipse the previous year's display! As always, will have burgers, hot dogs, delicious soups, hot punch and of course the beer tent. We do not have cashless facilities, so please be prepared with notes and coins.

Parking: Parking is always at a premium on fireworks night and we appreciate that some inconvenience is caused for the few hours during the event and we thank those affected for their patience.

We would urge people coming into the village to car-share wherever possible and park considerately, depending on the ground conditions we may be able to utilize the cricket ground car park. Disabled only parking at the Village Hall.

Helpers: If you would like to get involved in helping in the evening, i.e. bar/BBQ/soups or setting up during the day, please contact me as below and a warm welcome to anyone who can lend a hand!

The soups always go down very well and we are very grateful to the generous villagers who kindly provide them. I will be contacting the regulars shortly but if anyone else can make a pan full then please let me know.

Donations of red wine for the punch always very welcome please bring round to Conifers, Marsh Lane, or contact me.

Bonfire: Again the bonfire will be on the amphitheatre side of the playing field and we will be building it on the morning of the event. We have to be very mindful of the regulations covering bonfires regarding pollution as enforced by the relevant environmental agencies and, as such, we are not able to accept anything apart from clean wood. We will have no choice to refuse unsuitable material so

please do not be offended. The site is monitored so please do not leave anything in advance!

Jon Halfacree

01953 860064 or jonhalfacree@btinternet.com

The Villager: Newcomers

We are grateful to all those who kindly gave their contact details for the forthcoming new edition of *The Villager*. As preparing the new edition has taken a few months some newcomers to the village missed the opportunity of being in the directory.

Please let us know if you would like to be in the directory and we'll let you have a form. Alternatively go to the New Buckenham Facebook page and you'll find a form there.

Do you have a new neighbour who may be unaware but would like to take part? Please just let us know. Thank you.

Mary Dowson (860320) / Charles Oxley (860708)

Good Companions

The Good Companions is a club for the over 55s and new members are made very welcome. The meeting on 21st September was attended by 15 members, and a quiz was enjoyed by all. Many members were absent due to holidays, hospital appointments and sickness – we wish all a speedy recovery and hope to see you all next month!

The next meeting will be on Thursday 19th October at 2:30pm in the Village Hall.

Christine Wilby

News from the Pews

Coffeemates!: Huge thanks to bakers, stall holders, passing cyclists and all who supported our September coffee morning in aid of the British Heart Foundation. We raised a new record sum of £277.50! Our final event of the year is the Harvest coffee morning on Saturday 7th October raising funds for YANA, a charity which supports the wellbeing of those who work in agriculture and rural businesses. All welcome from 10:30am for coffee, cake and raffle.

Harvest Evensong: This will be followed by a traditional Harvest Thanksgiving at 4:30pm on Sunday 8th October. Although fruit and veg make lovely decorations and will never be turned away, it can be difficult to distribute afterwards, so we invite you to bring jars, tins and packets into church during the previous week or to the coffee morning, which we will donate to the Waveney Food Bank after the service.

Service Rota: We have established a new pattern now with a group service at one of our seven churches on the first Sunday of the month, Evensong here on the second Sunday, Holy Communion here on the third, and Morning Worship here on the fourth Sunday. Where there is a fifth Sunday (like this month) we are joining with Old Buckenham for 'something a bit different'. Please contact one of us if you need a lift.

Diary dates: Looking ahead, we have the Remembrance Service on 12th November, Christingle on 3rd December, Readings & Carols on 10th December, Midnight Mass on Christmas Eve and the Crib Service on Christmas morning.

Book Stall: Income from the book stall continues to be much appreciated. So far this year we have taken an average of £14.30 per week. Some donated books are still on sale in the shops at anything from £4.50 to £8. They're 50p from us – come and see!

Organ Fund: We are lucky to have in church a beautiful organ which organists enjoy playing, but upkeep of these complex and sensitive instruments is always a challenge. We have been very grateful to have received donations for this, as we have just spent £900 on urgent repairs to the blower. Thanks to Peter Lee for his enthusiasm and advice, and to him, Sarah Dye and Grant Pilcher for their playing while George Burrows has been unwell.

Contact Details: Rev Sarah Walsh is always happy to visit or chat. Contact her on 01953 571549 or 07809 430967.

Enquiries about funerals in the benefice, Jill Moses
jillannm1@gmail.com and for weddings and baptisms Val Plummer,
quidenhamgroup.wedding@gmail.com.

For details of services, contact Susie, and queries about the premises, Louise, both numbers below.

Louise Casson (Churchwarden) 860191

Susan Hilton-Jowett (AWA) 860929

The Churchyard

I'm sure that everyone who is out either dog-walking, shopping or whatever has noticed the work done by Phil, Tom, and Rory Anderson. Everyone that I have met has commented on how good it looks now that the lime tree and the adjoining bush have been cut back to allow a clear view through to the churchyard. What they may not have noticed is all the work on the bushes and shrubs along the south wall, but as you couldn't see it before (without actually going into the churchyard) you have nothing with which to compare it!

All the grass was cut by Robin with his strimmer and the wilding area has been cleared. It all looks great and thanks to all and the Parish Council who have paid for it.

Jimpy Casson

St Martin's Services: October 2023

Subject to change – please check church noticeboard

Sun 1st	10am	Group Holy Communion at Banham with commissioning of AWAs	Trinity 17 Proper 21
Sun 8th	4:30pm	Harvest Evensong with the Choir	Trinity 18 Proper 22
Sun 15th	11am	Holy Communion	Trinity 19 Proper 23
Sun 22nd	11am	Morning Worship	Trinity 20 Proper 24
Sun 29th	10am	'Fifth Sunday' at Old Buckenham	Last after Trinity Proper 25

For more information about services, contact:

Priest in Charge: Revd Sarah Walsh (01953 571549)

Authorised Worship Assistant: Susan Jowett (01953 860929)

Community Car Service

The community car service is provided by 'vetted' voluntary car drivers from the village, to enable those not able to access transport for non-emergency health-related journeys such as hospital/GP/optician/dental or other health appointments. The journey fare is charged at 45p per mile with the service user paying half the cost direct to the driver with the other half paid out of a grant from Breckland Council and the Parish Council. We currently have seven volunteer drivers, including the co-ordinator.

To access the service, or for more information about becoming a voluntary driver, please contact me (leaving a message if necessary).

Gerry Walsh/Gildersleeve

Acting Co-ordinator, 861027

The Chapel Street Pump

You will have noticed that four large posts have been erected around the site of the old Village Pump. This is in preparation for the installation of a new pump that Don Crossman has been able to source from Panks Pumps in Norwich. He was lucky, as it was the last one they had.

We had an onsite meeting with the man from Panks to see if it was possible to actually have a working pump, and it is, providing the water is OK and we have to have it tested first.

The well is 6 metres deep and there is 2.2 metres of water in it at present, so more than enough to supply a hand operated pump. We will have to have work done to the top to take the new pump, but things are in hand and we will keep you posted.

Jimpy Casson on behalf of High Bailiff's Trust

New Buckenham Parish Council

Our October Parish Council meeting will take place on Tuesday 10th October at 7:30pm in the Village Hall. A warm welcome is extended to all parishioners. A reminder that the agenda relevant to each meeting will be posted on the noticeboard on the Village Green and on the website (newbuckenhampc.info) where you will also find further information about the Parish Council.

Parish Council meetings take place on the second Tuesday of every month. Remaining dates for 2023 are 14th November and 12th December.

Our Breckland Councillor, Steve Askew, attended our last meeting and drew our attention to the Breckland Mobile Food Store, which is part of the Nourishing Norfolk Network of Food Hubs, which has five in Breckland. The Mobile Food Store will be at Old Buckenham Village Hall, Abbey Road NR17 1RH on Fridays between 1:15pm and 2:15pm starting on 6th October.

Their purpose is to offer healthy and nutritious food and store cupboard staples at a reduced price. The workers who are on the bus can also signpost residents into support if they're having issues with things such as debt management or health and wellbeing. Further information is available at www.breckland.gov.uk/communities/breckland-food-hubs

Alice Cattermole also attended the meeting and updated us with some of the statistics gathered by the Speedwatch group, details of which appear elsewhere in this Parish News. The Parish Council thanked Sue Felton, Alice and the rest of the Speedwatch group for the excellent work which they are undertaking.

Alice reminded us that the next Safer Neighbourhood Action Panel meeting for our area takes place on Thursday 19th October at 6pm at Attleborough Town Council Offices, Queen's Square, NR17 2AF. The

SNAP meetings are priority-setting meetings for the local area and all are welcome to attend. The Parish Council has volunteered to hold a SNAP meeting in 2024 which will, hopefully, allow more people to attend.

Karen Hobley - Parish Council Chair

01953 860529 / karenhobley@hotmail.com

Summary of Draft Minutes September 2023

Present: Karen Hobley (KH) Chair, Mary Manning (MM), Paul Martin (PM), Andrew Bingham (AB), Steve Askew (SA) District and County Cllr and Angela Thornton (AT) Clerk. Also in attendance, three parishioners.

1. Minutes of the July meeting confirmed as correct.
2. Matters Arising
 - a) Village Gateway: Action AB to complete Parish Partnership application process and submit by November 2023.
 - b) Defibrillator: Awaiting installation at the King's Head.
 - c) County Broadband Wayleave Agreement: Still with solicitors.
 - d) Establishment of community woodland: 1st choice potential site unavailable; 2nd site to be investigated. Action AB.
 - e) Electric Charging Point: NCC site survey complete. Action NBVH.
 - f) Street lighting: Awaiting quote for shades and dimming times.
 - g) Footpath No.2 stile/gate: Ramblers Association unable to help. The walkway has been closed by Norfolk Wildlife Trust.

3. Public Participation

a) Parish Cllrs

- i) KH reported that a bucket of human excrement had been removed from outside the cemetery gate.
- ii) Victorian lamppost in the churchyard is under repair. Clarity is required as to whether the lamp once recommissioned should be operated as other street lights or considered a monument within the Closed Churchyard maintenance. Action AT.

b) District/County Cllr

- i) SA reiterated that the speed issues on B1113 unlikely to change.
- ii) He advised that the Mobile Food Bank will be available in Old Buckenham shortly. Information to go in Parish News and on the New Buckenham Facebook site.
- iii) AB questioned the standard of road repairs on Cuffer Lane. SA said that highways have instructed contractors to 'make good'

c) Parishioners

Community Speedwatch (presented by Alice Cattermole) has been operating since July following volunteer training by Norfolk Constabulary. They have been out 10 times usually for an hour at a time.

Findings: we experienced more speeding traffic than most villages as confirmed by Community Speedwatch administration. Many people seen speeding live in the village. Majority of cars were travelling well in excess of the limit. High 20s up to 40mph. More speeding at the Norwich end of the village posing danger to adults, children and animals using the Common and Play Area.

Tailgating witnessed when vehicles slowed in response to monitoring. A good proportion of drivers slow down when they see monitoring. Volume of traffic significantly lower since reopening of A11.

We could treble the numbers caught speeding but we are limited to where we can stand and there must be a clear view with no other vehicles impacting the recording.

The fastest recording in the 20mph zone was 48mph.

We will attend the next SNAP meeting on 19th October.

The PC expressed their thanks to the Speedwatch group. KH to attend the SNAP meeting.

KH to request that Village Hall users are reminded of the village speed limit.

4. Financial Matters

Bank reconciliation for August approved.

Payments for September approved.

5. Planning

Applications at 5 Chapel Street and Swallows Barn, Tanning Lane were considered: No objection.

6. Amenities

a) Closed Churchyard

i) KH highlighted shrubs growing across neighbours' windows. MM stated pruning of roses is required.

AT to contact BTS for the scope of their contracted work.

ii) AB reported the wild flower area has been cut, hay to be removed.

iii) Period Pointing have completed this year's maintenance. This will continue in April next year.

b) Cemetery

Registration on the Diocesan system is in place to allow reuse of some graves which are more than 85 years old, ongoing.

c) Allotments

BTS scheduled to complete some maintenance work. PC reviewed the allotment policy and amended to indicate they are available for residents of NB. Action AT to amend rules and update on website.

d) Play Area

DC arranging replacement and repair of broken log and possible replacement of worn signage. Carried forward to next meeting.

e) Public Footpaths

Footpath number 2, see Matters Arising.

f) Street Lights

Maintenance contract received, considered and agreed extension for 3 years with TT Jones. Action AT to request quote for shields and dimming after midnight.

7. Correspondence.

i) Email from National Association of Local Councils offered to provide NBPC email services that will meet 2023/4 audit requirements. Approved, AT to contact them to accept their offer.

ii) Email from Brew Daisy to request a pitch for a 'cafe' once a week in NB. Cllrs agreed, due to the closure of the village cafe, to offer the car park at the Play Area as a venue

Mary Dowson for NBPC

New Buckenham Parish Council

Chair:	Karen Hobley (01953 860529 / karenhobley@hotmail.com)
Vice-Chair:	Andrew Bingham (01953 861150 / andrew.bingham100@gmail.com)
Councillors:	Don Crossman (01953 861246) Mary Dowson (01953 860320) Steve Highton (01953 860000) Mary Manning (01953 861242) Paul Martin (01953 861117)
Clerk:	Angela Thornton (01953 887830 / parishclerk@newbuckenham.net)

The Parish Council meets at 7:30pm on the second Tuesday of every month at the Village Hall. Further information can be found on our notice board on the Village Green or www.newbuckenhampc.info.

White Dead Nettle

Growing 20–60 cm tall and having, in part, the same name and similar leaves to the common stinging nettle they are NOT part of the same plant family. Dead nettle is from the same family as mint, basil, thyme and marjoram, but itself is not an aromatic herb. However, white dead nettle is edible. Before it flowers, the young leaves and shoots are tender enough to eat raw and the flowers can be added to salad. When the leaves are older and tougher, they may be bitter but can be steamed or lightly cooked like spinach.

Also known as bee nettle, archangel, white archangel, helmet flower, blind nettle and dumb nettle, white dead nettle flowers from as early as March up to December. If winter is mild, it can flower through the year proving valuable to bees and insects that do not hibernate.

The flower has a lower lip which acts as an insect landing strip. When looked at face-on there are dull ochre-coloured marks making a disjointed Y or M shape. Although not particularly distinctive to the human eye, with the bee's UV/blue vision they look almost black so highlight the entrance to the flower.

The flowers are pollinated by bumble and mason bees which are heavier than the honey bee and other insects. As it lands on the landing strip, the weight of the heavier bees opens the long tube of the flower enabling the bee's longer tongue to reach down to suck the tiny drop of nectar. The very slight scent of the flower is almost undetectable to us but is sufficient to attract insects. At this time of year, white dead nettle is particularly important when there are few other nectar producing plants in flower.

White dead nettle has been used medicinally for centuries. With its anti-inflammatory, antiseptic and astringent properties it can treat wounds, skin irritation and respiratory infections. A tea made from the leaves of the plant was often used to treat colds and coughs.

There is a body of scientific research interested in the plant's potential health benefits, looking at its anti-bacterial and anti-inflammatory properties as well as the possibility of effectively reducing the symptoms of anxiety and depression.

The flowers of white dead nettle are always in twos. This is because, according to the children's author, Enid Blyton, they are pixie shoes left outside their house. She wrote, 'Touch the shoes gently and maybe they will leave magic on your finger that will bring you good luck all that day'.

From the *Lamium album* family, the plant takes its name from a creature in Greek mythology, the Lamia. She was a woman who became a half-serpent child-eating monster, her name meaning 'gaping mouth'. Looking closely at the flower and the lips of the petals it does, indeed, look like a great gaping mouth. How cheery!

Kim Cutmore (Weavers, by the sheep)

Brew Daisy

Brew Daisy was launched in March 2023. It is a pop-up coffee van which will be visiting the village on Tuesdays and parking on the Play Area car park between 10am and 2pm. Emma, who runs the business, offers a range of barista coffees, using locally roasted beans, herbal teas, hot chocolate and milkshakes, alongside savoury scones, cakes and pastries. She also sells succulents and plants that she has arranged inside vintage teapots and other interesting containers. Customers can buy crafts from local makers too, ranging from jewellery to crocheted items. Brew Daisy is also available for private events.

The Parish Council looks forward to welcoming Brew Daisy to our village and we hope that people within the village and beyond will support Emma.

Karen Hobley

200 Club Lucky Winners

Thank you for your continued support of the Village Hall. Here are the lucky winners for the latest draw.

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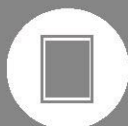
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Dates For Your Diary

October 2023

Sat 7th	Coffeemates!, St Martin's, 10:30am
Sun 8th	Harvest Evensong, St Martin's, 4:30pm
Tues 10th	Parish Council meeting, Village Hall, 7:30pm
Thurs 19th	Good Companions, Village Hall, 2:30pm
Sun 28th	Children's Garden Tidy-up, Village Hall, 10am

The Village Hall Bookings Administrator is Stevie Hobley

07469 715517 ~ bookings@newbuckenhambvillagehall.co.uk

Contributions for the November 2023 issue of *New Buckenham Parish News* should be submitted by 6pm on Friday 20th October to Richard Hoggett, 9 Church Street (860136), Katie Wyatt-Hupton, Orchard Cottage, Marsh Lane (308427) or by email to editor@newbucknews.co.uk.

TO ADVERTISE: please contact Mary Dowson on 01953 860320 or mdowson@btinternet.com