New Buckenham Parish News

New Buckenham Art Exhibition



Opening Night

Friday 19th April 7:30–10pm Admission £4, including wine & nibbles

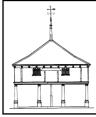
Saturday 20th, Sunday 21st, Monday 22nd April 11am-4:30pm, admission £1

All proceeds to St Martin's church and the Village Hall

April 2019

http://newbuckenham.net





New Buckenham Parish News

April 2019

Film Night: First Man

Saturday 27th April

With the 50th anniversary of the moon landing coming up in July, New Buckenham Arts is pleased to announce a screening of *First Man*, focusing on Neil Armstrong and the decade leading to the historic Apollo 11 flight. The film explores the sacrifices and the cost — to Armstrong and to the nation — of one of the most dangerous missions in history. Starring Ryan Gosling and Claire Foy, *First Man* recently won an Oscar for Best Visual Effects. The film gives you a hair-raising feeling of being inside the spacecraft on this epic and perilous journey.

Tickets can be bought at Kings Stores, online via <u>www.wegottickets.com</u> or can be reserved by calling 01953 861114. Tickets cost £5 (£6 on the door). Doors open at 7pm for bar and refreshments, and ice-creams will be sold during the interval. The film will start at 7:30pm.

Sandra Lester

New Buckenham Arts

Thank You

We would like to thank New Buckenham Cricket Club for sponsoring this month's edition. We appreciate the support of all our sponsors which helps fund the production of the magazine.

Parish News Committee

2019 Bucks Photoshow

Calling all photographers! The Bucks Photoshow (24th—26th May) will soon send out invitations to exhibit. Would you like to show your work? Any style of photography is welcomed, at any level of expertise. We particularly encourage and help beginners.

For those new to the area, the Photoshow is held in alternate years and this will be the seventh. Exhibitors from the surrounding villages come together to create an eclectic show in the splendid display facilities at New Buckenham's village hall. Have no fear, we are not a camera club and there's no judging!

Let me know if you're interested and I'll send you all the details. Do you know anyone who might be interested in exhibiting? Please let me know. Exhibitors from previous years will already be on the mailing list. The Photoshow is run by New Buckenham Arts in aid of the Village Hall Trust.

Charles Oxley (01953 860708 / charlesoxley@yahoo.co.uk)

Good Companions

Our first meeting of the year was held on 21st February where 40 members gathered for a mardle and suggestions were made for entertainers. The meeting was held after the copy deadline for the March *Parish News*.

Our March meeting was cancelled, as it coincided with the funeral of a very popular member which many members wanted to attend.

Our next meeting will be our 70th birthday party on 18th April at 2:30pm in the Village Hall. The very first meeting was held in April 1949 at the George Hotel (as the Inn on the Green was called then).

Christine Wilby

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Sadly Missed

We note the passing of Aileen Richmond-Shaw of Chapel Hill, Eddie Goddard and Malcolm Addison, who had lived at St Mary's Care Home for the past few years. Our condolences to the families and friends of Aileen, Eddie and Malcolm.

Parish News Committee

Forthcoming events from Village&Vestry



Saturday 13th April 10:30 am Coffee Morning in aid of St Martin's Church Coffee, cake, Easter Egg raffle, stalls

Saturday 11th May 7pm Prosecco, 'Pud' and the Pulham Orchestra Join us for Prosecco, delicious dessert and a classical concert given by the Pulham Orchestra.

Saturday 6th July Summer Jazz and Picnic *****

We look forward to seeing you!

St Mary's Easter Raffle

St Mary's annual Easter raffle will be drawn on Easter Sunday. If you would like tickets or would like to make a donation pop in anytime. Thank you.

Melanie Green

Mobile Library

Users please note that the Mobile Library comes to Chapel Street as usual at 1:20pm, but now leaves at 2:30pm, not 3:20pm as before. There will be a brief return (to the Market Place) at 3:45pm for 15–20 minutes. We urge people to use this valuable service, as this will help to ensure it continues to operate.

Parish News Committee

Aileen Richmond-Shaw

In the early hours of Tuesday 5th March, Aileen Rosemary Richmond-Shaw died at her home in Chapel Hill, aka Hippy Hill, from bile duct and liver cancer. Ai and I were the only remaining couple who had renovated the row of cottages in the late seventies and early eighties. Time flies and so has Aileen; now departed, our lives will have an aching void. She was an occasional artist who was more talented than she gave herself credit for. Aileen did colour in her art and life like no one else did; no one. And she could sing; few knew she had performed on stage in London clubs in the early sixties. She was modest and all the more lovable for it. Aileen leaves me, her partner of 46 years (I still cannot believe it), and her children Nzame and Lui Richmond-Shaw. Love and life, dear Ai.

Graham Richmond-Shaw

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Forthcoming Events









Art exhibition Caster weekend friday 19 - Monday 22 April



Saturday 27 April at 7.30pm **Tickets at Kings Stores**

New Buckenham Players Celebrate

In the winter of 1978, the King's Head, then as now, was a warm and convivial gathering place on a cold night. And there by the fire a few young newcomers to the village started talking about forming an Am Dram group. Someone had the idea of presenting an Evening of Victorian Melodramas, and this became our first production, in April 1979, in the old 'tin tabernacle' village hall in Marsh Lane. These plays were great fun, with fair maidens, dastardly villains and lots of overacting and booing and hissing from the audience. All this, and a Pukka pie'n'pea supper for 60p!

New Buckenham Players' next venture was a mediaeval Mummers' Play in the castle, which was repeated for a couple of years, along with the first pantomime, Cinderella. We ventured into straight plays with a detective story, Mystery at Green Fingers, in 1982, and from then on the group has produced an amazing range of shows, many of which are rarely seen on the amateur stage. There have been 34 pantos, with only a couple repeated, variety shows and cabarets, murder mysteries, musicals, plays by local authors, collaboration with the RSC, and even one production that went to the Edinburgh Fringe.

Our sets and costumes have a fame of their own, and moving to the new Village Hall in 1995 gave a lot more scope for this. Dozens of members have passed through, on stage and backstage; children have grown up from panto tot to fully fledged director, from lighting apprentice to teachers in school theatre; some members have moved on or moved away, and some have sadly died. All of them, and all of you, our audience, have made New Buckenham Players.

Continued overleaf...

To celebrate our 40th anniversary, we are staging the same Melodramas again this spring, but with a difference. As this is a celebration event, there will be just one performance at 8pm on Saturday 1st June, in music hall style as before, complete with circumlocutory chairman, and a much better supper!

Seven of the fifteen original cast members are still around (we must have been child actors...) and will take part in some way. But there will be a 2019 twist, introducing new directors, young actors, new music and songs, and (following the RSC's lead) an all female cast for one of the plays. There will also be an exhibition of four decades of productions.

Tickets: there are 100 tickets at £12 each, and they will only available in advance. Tickets will be on sale from two weeks before from Kings Stores or the Box Office on 861438 / 860320. The price includes a very special pie'n'pea supper prepared and served by The King's Head's chef.

So, spread the word and book your seat!

Sally Elvin and Susie Jowett

Players Committee, Past and Present

Sing with Bruce Ncube

This Zimbabwean singer is conducting a workshop at the Village Hall on Sunday 14th April from 11am until 3pm. Tickets will be available from 29th March from myself or from Kings Stores *Caryn Louis (860512)*

Spring towards Easter at St Martin's

You might get your magazine in time to catch our Light Lent Lunch! Come and share a simple Lent Lunch, from 12 noon until 2pm on Saturday 30th March with delicious homemade soups, bread rolls and fruit, and the chance to meet and chat with friends and neighbours, plus our huge second-hand bookstall to browse. All ages are very welcome — we have a play corner for the children, lots of space for prams, nice tables and chairs, good heating and a loo! There is NO CHARGE, but a collection will be taken for the Bishop's appeal to support Anti-Human Trafficking in North India.

And a reminder that the **Mothering Sunday** service this year is 10am on Sunday 31st March at St Mary's church, Banham.

Palm Sunday 14th April: Join us at 10am on the Village Green to process to the church on Palm Sunday, and bring a 2-3ft branch of anything – it doesn't have to be palm! – to wave as we walk (or go straight to church if you prefer).

Holy Week 15th—20th April: Details of services around the Six Villages will be found elsewhere, but we have open church here on Good Friday from 2—3pm, and the first celebration of Easter at Old Buckenham at 8:30pm on Saturday 20th April.

Easter Day 21st April: Easter Eucharist will be held at 11am.

Susan Jowett (860929 / susie_jowett@hotmail.com)

Welcome

We would like to extend a warm welcome to Barbara Cattermole, who has recently moved into Flint Lodge on March Lane.

Parish News Committee



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Malcolm Addison 1919–2019

Many people in the village will have been very sad to hear of Malcolm's death in St Mary's on the 27th February, just a couple of months short of his 100th birthday. Born into an Essex farming family, and by that time working as a farm manager for the London Cooperative Society, he and his wife Lucie took the courageous step of moving up to Norfolk (and New Buckenham) when the family farm was



sold in 1972. Malcolm had been strongly attracted to the county on a lone cycling holiday in 1953. Following the move, he carried out livestock-related work for the Ministry of Agriculture and Norfolk County Council before retiring in 1984.

Unlike Lucie, Malcolm was not a 'joiner' - the nearest he came to it was helping to collate the parish news. Self-effacing in the extreme when invited to a Buckingham Palace garden party for his services to the community (Lucie was unable to go) he typically not only spoke to no-one but also didn't think that he was entitled to the tea - he nevertheless became a constant local presence. Patrolling the village with his wheelbarrow he was always ready to help others or to tidy up. He particularly enjoyed exercising his arborial expertise acquired as part of a Royal Engineers forestry unit during the war. This often involved cutting down trees: when he was about 90 we went out into the garden one morning only to find him up a ladder having taken off the top and one side of a bay tree that we had mentioned was getting a bit out of hand. But this was only half the story. He also created the little copse on the north side of the cricket pitch (Marion's copse, in memory of May Cubitt) from seedlings that he found around the village and planted there.

Lucie and Malcolm together gave long-term support to the charity Hope and Homes for Children, and their son Gilbert suggests that this would be an appropriate beneficiary for any gifts in his memory.

Elizabeth Rutledge

Proposed: A Memorial for Malcolm Addison

It was with great sadness that I learned of Malcolm's death at the remarkable age of 99. His characteristic reticence led him to request a private family service at the crematorium with only his sons present. I do understand, however, that some mark of his passing, made by the village, would be welcome.

I would like to suggest the planting of a tree on the village green as an appropriate memorial. I have spoken to Steve Highton, a member of the High Bailiff's Trust, and he will raise the matter at their next meeting on 28th March. Steve favours the idea and believes the other Trustees will be sympathetic too.

My suggestion for the tree would be the white form of native Common Hawthorn, a tree which in full flower in May is a wonderful sight, is strongly scented and in autumn bears red fruit, which are a feast for the eye and the birds. It would be good if it could be planted where it can be seen from the windows of St Mary's where Malcolm liked to sit and read, and look out over the Green.

If the High Bailiff's Trust give their consent, I will raise the idea again in the next issue of *Parish News*.

Jean Martin

New Buckenham Parish Council

Our April Parish Council meeting will take place on Tuesday, 9th April at the Village Hall. Please note the 7pm start as it will be followed at 8pm by our Annual Parish Meeting which offers an opportunity to hear about the work of the Council over the last 12 months. A warm invitation is extended to all parishioners to either or both meetings and there will be drinks and nibbles and a chance for informal discussion after the business of the evening has been completed.

A reminder that agendas and minutes relevant to each meeting are posted on the noticeboard on the Village Green and on the website (<u>www.newbuckenhampc.info</u>) where you will also find further information about the Parish Council.

Parish Council meetings take place on the second Tuesday of every month with the exception of August, when we don't usually meet.

Remaining dates for 2019 are 14th May, 11th June, 9th July, 10th September, 8th October 12th November and 10th December.

We look forward to seeing you on 9th April.

Karen Hobley

Chair

Why your Parish needs you!

Parish Council drop-in, King's Head, 18th March

Meeting the Parish Councillors in the pub on Monday night provided some lively and interesting insights into what the Parish Council does. The following are a selection of questions with a summary of the answers provided by the Parish Councillors who attended. With elections coming up on 2nd May it seemed like a good idea to find out what exactly the Parish Council does. I was the only parishioner who did turn up, so thought I would record what it was all about.

Juliet Fulford

What does the Parish Council do?

Offers a forum where community issues can be discussed. If the issue is litter, dog fouling or housing everyone can have their say.

Makes decisions relating to the community.

Helps keep our village voice in Breckland local politics.

What would happen if there wasn't a Parish Council?

All decisions relating to the village would be made by a Breckland administrator.

There would be no individuals to talk to about things you would like to see happening or stop happening in your village.

What is good about being a councillor?

Being part of the democratic process.

Giving something back to the community you live in.

Finding ways of making a small difference to people's lives.

Why do you have so many rules and committee regulations? We are accountable for the actions we take so this means we work within rules to help ensure we do things correctly.

Continued on page 20...



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Working in committees can be frustrating, but it also ensures equality. Everyone is entitled to their opinion and their vote. If you don't have some rules in an open forum, those who talk loudest get heard the rule ensure everyone can have their say.

How do you keep the village informed about what you do? We publish minutes of the meetings in the Parish magazine and online at: <u>www.newbuckenhampc.info/</u>.

Copies are put up on the village notice board along with the agenda for the next meeting.

The Parish Council meetings are open to the public and anyone can come along.

What happens if there are not enough Councillors for an election?

There are seven places on the Council so if there are eight people standing there will be an election. Fewer than this and an election is not required. If there are fewer than two then Breckland District Council take control.

We will not know who is standing as a councillor until April. If we don't have enough people standing the Parish Council reverts to Breckland Control.

We just hope there are enough to keep the Council going so we can keep continue to have decisions made by the community.

For more information go to: <u>www.newbuckenhampc.info/</u>.

Biz Buzz

Keep across the Biz scene... This month: RESPECT!

You never know who your customers are! The award

-winner who did the rounds of the New Buck sights. Who knew? From New Buck to New York!

A Biz Buzz Exclusive... The epic new eco car goes live on crowd funding. The hydrogen FCV runs on electricity, but needs no charging points. You can be first to see the deal.

The French arm of Biz Buzz! Check out the Friendly French scene running from a base in New Buckenham.

Another Biz Success: The King's Head. You think New Buck is a sleepy place? How wrong you are! News of the latest village business to leap to extraordinary success with the support of the locals.

FREE business seminars offers, and, OF COURSE, the latest on that phone mast...

Pick up the latest Biz Buzz at www.np4nb.online

Get in touch: info@np4nb.online

If you want to join in with Biz Buzz and get the info and down-loads, hop on board now.

Janet Trewin



Childhood Obesity

Childhood obesity in the UK is an ongoing media hot topic. Some worrying facts:

- Almost 25% of children are overweight when they start school.
- Typically, it is the poorest children who tend to be obese.
- Overweight children are at greater risk from diabetes and high blood pressure.
- Obesity can contribute to behavioural and emotional difficulties.

A few lifestyle suggestions which help combat the issue:

- Allowing children to 'veg out' in front of their electronic devices is easy, but why not encourage family activities? Play areas, swimming, local parks, walks and cycle rides are all great fun. Children thrive when exercising their bodies and minds.
- Search for affordable extracurricular activities.
- Cheap foods tend to be less dense in nutritional value and filled with nasties like sugar and salt. Buy less junk food and purchase fresh foods with your savings.
- Where possible, cook nutrient-rich meals from scratch, avoiding processed options.
- Encourage your kids to cook with you, they'll love it!
- If time is tight, prepare your meals in advance.

I believe choice and laziness are huge contributing factors. Making a family commitment to be more health conscious is a great start. As parents, all we want is happy, healthy children!

If you have any queries or would like to discuss this issue further please email me.

Jamie-Lee Weller (<u>info@jwcorenutrifit.co.uk</u>)

The Village Book Stall

The second-hand book stall at the back of the church has had an overhaul and lots of new stock. At 50p a paperback, prices are lower than in many charity shops, and you are helping to keep our lovely building safe and standing for future generations. We have some really good and very recent literary fiction and thrillers, lots of biographies, and a quirky selection of non-fiction titles! Children's books are free to take or exchange, or make a small donation for really good-quality hardbacks. The church is open all day every day, so do pop in and browse. Our shelves are very full now, so for the next few weeks, you might like to start saving books for the August Fete bookstall instead... but either way, check what you've left between the pages!

P.S. And we could always use any spare bookends which you might have.

Susan & Ian Jowett (860929)

Foodbank

We have received a thank you from the Waveney Foodbank who say that we collected 58.4kg of food from July to January, which provided 64 meals. Do keep the donations coming, either to Kings Stores or the box in church, and don't forget that toiletry items are appreciated as well. Thank you, and thanks to Sue and Carolyn for all their help.

Susan Jowett (860929)

New Buckenham Art Exhibition

Hopefully another enjoyable and successful Easter weekend in store, judging by the number of entries it's going to be busy! If we could ask for a bit of help on the three areas below that would be very welcome...

Raffle Prizes: This is just a reminder about the raffle we have for the Art Exhibition. I have a few prizes promised for this, but it would be good to know if you are thinking of donating something for this. Last year we raised £269 on the raffle and, as you know, all of our profits are for the church and Village Hall. If you could let me or Clive know about your prize we would be most grateful. You could of course just bring your prize to Mill House and either put it in the studio or take it down to Clive in the office, or drop it into Kings Stores. All that is given or done for this event by everyone is so much appreciated, we could not do it without your help.

Hazel Rush (Hazel hazelrush@btconnect.com)

Cakes: Ladies and Gentlemen, it is that time of year again... Would or could you please bake a cake for 'our' very successful New Buckenham Art Exhibition over Easter weekend. I would be very grateful if you could let me know which day, Saturday 20th or Sunday 21st April, you would be able to provide your cake(s). Deliveries to the Village Hall at 10:30am on the day would be much appreciated.

Pauline Dynes (860053 / psdynes@hotmail.com)

Thursday Evening: We will be setting the display screens up at 7:30pm on Thursday 18th April, so if you can spare half an hour and don't mind a bit of manual labour this is the place to be! Many thanks.

Jon Halfacree (860064 / jonhalfacree@btinternet.com)

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New Buckenham Cricket Club

To all who enjoy this beautiful game, New Buckenham CC is a small, friendly, village team that play in division 3C of the Norfolk Cricket League. We had a respectable league finish of 5th last season, winning nine of the 15 games we played. Some were very close and exciting games! We also played in a couple of T20 competitions, where we weren't quite so successful, playing nine evening games and winning only four. But that didn't stop the fun factor. We think it's important to have a laugh and enjoy the game as well as having a competitive edge at our club. For those who would like to watch and support us this season, our home fixtures are:

11th May	Kirkley & Belton CC
25th May	Norwich Association of Malayalees CC
8th June	Cringleford CC
29th June	Bungay CC
6th July	Brooke CC
20th July	Gillingham CC
3rd August	Ketteringham Hall CC
17th August	Hethersett & Tas-Valley CC
24th August	Rackheath CC.

If anyone is interested in playing, whether it's starting a new hobby, finding a new club or just getting back into the game, please contact Richard Halfacree on 07818369749 or just pop down to a practice session. These will start in May, every Tuesday evening from 5:30pm at The Common, Wymondham Road, New Buckenham.

Ashley Ling

200 Club Lucky Winners				
Thank you for your continued support of the Village Hall. Here are the lucky winners for March's draw. To join, call Paul Madden.				
£30	Sharron & Robert van Duin			
£20	Jeremy Gallimore			
£10	Richard Hoggett, Dan Leeder, Mike & Sue Adams, Pat Oxley, Sandra Lester, Emma Colby, Ian Jowett, Jane Kilburn, Christopher Pearson.			



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You can also find an online archive of past issues of *Parish News* at <u>http://www.newbuckenham.net</u>.

Parish News Committee

New Buckenham Parish Council		
Chair:	Karen Hobley (01953 860529 / <u>karenhobley@hotmail.com</u>)	
Vice-Chair:	Andrew Bingham (01953 861150 / <u>andrew.bingham100@gmail.com</u>)	
Councillors:	Bella Chirodian (01953 860911)	
	Don Crossman (01953 861246)	
	Mary Dowson (01953 860320)	
	Steve Highton (01953 860499)	
	Mary Manning (01953 861242)	
Clerk:	Trevor Wenman (01379 641423 / <u>parishclerk@newbuckenham.net</u>)	
The Parish Council meets at 7:30pm in the Village Hall on the second Tuesday of every month. Further information about the Parish Council can be found on our notice board on the Village		

Green or on our website www.newbuckenhampc.info.



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St Martin's Church April 2019

Sunday 7th	11:00am	Parish Eucharist	Last Sunday of Lent
Sunday 14th	10:00am Meet on Market Place	Group Eucharist, St Martin's	Palm Sunday
Friday 19th	12 noon	Quidenham (St Martin's open for prayer)	Good Friday
Sunday 21st	11:00am	Easter Eucharist	Easter Sunday
Sunday 28th	11:00am	Morning Worship	Easter 2

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- •Sporting injuries, accidents & whiplash
- •For muscular and joint problems
- •Repetitive strain injuries at work or at home
- •Pre-& post- pregnancy for mother and baby **OSTEOPATHY FOR ALL**



- All types of building work undertaken including:-
- Specialising in Older Properties
- Extensions / Loft Conversions
- Roofing
- Property Maintenance
- Landscape Gardening

MOBILE: 07778 602 026 HOME: 01953 860 693



We are a family run Tearooms/Cafe specializing in great homemade cooked food, refreshments, home comforts, customer service & most importantly CAKE!!!

Pop in for a cup of coffee & cake or a spot of lunch in a relaxed environment. Stay as long as you like & chat with friends and consider us your home away from home.

Table service is provided so no need to wait around, just take a seat, you may lounge on the ground floor by the fireplace or sit upstairs by the large windows overlooking the beautiful village of New Buckenham.

SERVICES

- Bespoke Celebration Cakes (Birthdays, Weddings, Christenings etc)
- Afternoon Tea (Booking only)
- Private functions (Birthdays, Christenings, Funerals, Meetings etc) (Capacity 25 upstairs, 12 downstairs)
- Outside Catering (Functions, Corporate, Afternoon Tea etc)
- Wedding Afternoon Tea Catering (All China Supplied)
- Cake Decorating Classes.

For all inquires please speak to a member of our staff in store or by telephone or you can drop us a message through our Facebook page.



Dates For Your Diary

The Village Hall Bookings Administrator is Stevie Hobley

01953 860463 ~ 07469 715517 ~ bookings@newbuckenhamvillagehall.co.uk

April 2019		
Tuesday 9th	Parish Council & Annual Parish Meeting, Village Hall, 7pm	
Friday 12th	Mobile Library, Chapel Street, 1:20pm—2:30pm	
Saturday 13th	Village & Vestry Coffee Morning, St Martin's church, 10:30am	
Sunday 14th	Sing with Bruce Ncube, Village Hall, 11am	
Thursday 18th	Good Companions' 70th Birthday, Village Hall, 2:30pm	
Friday 19th to Monday 22nd	New Buckenham Art Exhibition, Village Hall, Friday 7:30—10pm, Saturday to Monday, 11am— 4:30pm.	
Saturday 27th	Film Night: First Man, Village Hall, 7:30pm	

Contributions for the May 2019 issue of *New Buckenham Parish News* should be submitted by 6:00pm on <u>Thursday 18th April 2019</u> to Linda Bryan, Pine Cottage, Marsh Lane (861107), Michael Boswell, Peel House, Chapel Street (860015), Richard Hoggett, 9 Church Street (860136) or by email to <u>editor@newbucknews.co.uk</u>.

TO ADVERTISE: please contact Mary Dowson on 01953 860320 or mdowson@btinternet.com