New Buckenham Parish News



July 2019 http://newbuckenham.net



Better late than never

We would like to apologise for the late delivery of the June issue *Parish News*, which was the result of a mix-up with the printer. Fortunately, we were still able to deliver the PDF version of the magazine on time to those of who have already joined our mailing list.

If you would prefer to receive an electronic copy of *Parish News* by email in PDF format as well as, or even instead of, a paper copy please fill in a subscription form at <u>http://</u> <u>eepurl.com/dhB-1P</u>.

You can also find an online archive of past issues of *Parish News* at <u>http://www.newbuckenham.net</u>.

Parish News Committee

Thank You

We would like to thank New Buckenham Cricket Club for sponsoring this month's edition. We appreciate the support of all our sponsors which helps fund the production of the magazine.

If you would be interested in sponsoring a future issue of Parish News, please contact Mary Dowson (01953 860320 or <u>mdowson@btinternet.com</u>).

Parish News Committee

Village Show 2019

Thank heavens that this year we have had some rain compared to the heat we had last year! Just a shame that it all came at once, rather than being spread out, but nevertheless it has still contributed to the growing of plants and flowers and all in good time for the Show. This year we are holding the show slightly later on the 27th July in order to give everyone plenty of time to prepare.

The sections are the same as last year: vegetables, flowers, floral arrangements, cookery, junior, handicrafts and photography. There is a class in there for everyone, I hope. We also have Up the Wall for hanging baskets and other floral wall decoration which will be judged on the day.

Just to remind you, entries to the Village Hall before 10:45am on the day ready for judging and then the Hall is open to all from 2:00pm, with prizegiving this year at 3:00pm or shortly thereafter depending on how quickly I can do the scoring. It's 30p per entry and you can have up to two entries per class, with a £1 entrance fee on the afternoon.

Dr Mandy Hartley will be putting on a brilliant Gingerbread Man puppet show, so bring your children along to see it. We have listed it on the schedule as 2:30pm, but with the earlier prize giving she will be starting shortly after 2:00pm, so be early. There will be tea, coffee and cake to sustain you until 3:00pm. Which reminds me, if you can make a cake for refreshments at the show we would be extremely grateful!

There will be the usual tombola, run by Ed and Audrey Dowling and a raffle organised by Violet Highton, to whom we send best wishes and get well soon.

Continued on page 7...

When you need some help around the house....



... call the Cavalry

- Domestic cleaning
- Ironing / laundry collection and delivery service
- Dog walking / feeding daily home pet service whilst you are on holiday or at work
- Errands any form of shopping, collection or delivery

Whatever your task, we will endeavour to tackle it to your satisfaction There are occasions when everyone could do with a little help around the house – in times of illness, disability or simply from pressure of a busy lifestyle.

Whether you need assistance on a regular basis or just occasional help, Household Cavalry is here to provide a dependable, diligent and trustworthy service.

Our carefully selected, fully vetted and insured team can tackle a whole range of household tasks.

Our fee structure is flexible to accommodate your needs, so if you would like more information about our services or a quotation, **please contact Sally on:**

01953 488635 07900 894902

Household Cavalry Limited

Slate Plantation Barn, Home Farm Lane, Merton, Thetford, Norfolk IP25 6QS sgt.major@householdcavalryltd.co.uk



BEAUTY BOX

AND FOOT HEALTH PRACTICE Dermalogica facials / Body treatments Aromatherapy and Swedish massage Indian Head massage Manicures / Pedicures Nail extensions Waxing Electrolysis

General foot care / nail cutting Corns / Hard Skin Ingrowing toe nails Verruca treatment / Diabetic Feet

HOME VISITS AVAILABLE

Gayle Wilby Dip CFHP / MPSPract

A MEMBER OF THE ALLIANCE OF PRIVATE SECTOR PRACTITIONERS 1 Norwich Road, New Buckenham Tel: 01953 861 021

> HAND-MADE WINDOWS DOORS, KITCHENS AND FURNITURE





EVERYONE IS TALKING ABOUT JAMIE'S HAND MADE WOODWORK TELEPHONE JAMIE ON 01953 860 933

Just Ask

Property Maintenance

for all your property requirements specialising in Kitchens and Bathrooms

Free No Obligation Quotes

Just Ask Paul

on

01953 861476 or 07584 283624

email: justaskpaul1@yahoo.co.uk







t: 01953 860370

www.broadlandtreeservices.co.uk

If you would like a schedule there are copies in the shop and at Clive's, or drop me a line at petercasson219@btinternet.com or 860191 (ansaphone) and I will get one to you.

My thanks to Karen, Lynn and Elly for their work on the committee and who will be there to help you on the day. I look forward to seeing you all at the Village Show on Saturday 27th July.

Get cooking and growing now!

Jimpy Casson

Chairman, New Buckenham Gardening Group

New Buckenham Village Hall Trust AGM

16th July, 8pm, Large Meeting Room, Village Hall

New Buckenham Village Hall trustees would like to thank you for your ongoing support of the Village Hall. The AGM is your chance to find out more about how the Village Hall is managed, to ask questions of the Trustees, raise any issues, and make suggestions to the Trust. Everyone is welcome, and drinks and nibbles are provided.

There are three elected Trustees, candidates interested in standing for election or anyone with enquiries regarding the AGM please contact Stevie Hobley, Bookings Administrator at bookings@newbuckenhamvillagehall.co.uk or on 07469 715517

We look forward to welcoming you to the hall and perhaps we will be welcoming you onto the trust!

New Buckenham Village Hall Trust

Drama unfolds....

For 40 years, they've been learning lines Whilst producing plays and pantomimes. So, to celebrate this marvellous feat **The Players** produced another great treat.

They assembled 'old' players from '79 Stalwarts dedicated to productions so fine. Back with others to reminisce 'dramas' of old **Wages of Sin** and **Maria Marten** were told!

Temptresses, scoundrels, and the good and the poor Filled the stage with murder, mayhem and more. Those who plotted, and wept, and 'died with conviction!' Delivered multitudinous lines with aplomb and great diction.

We did **Hiss** and boo at **The Villain** truly foiled As we found ourselves most wholly embroiled. The Master of Ceremonies gave such elaboration As the 'dramas' were delivered with much for commendation!

A splendiferous evening before our eyes As we laughed, sipped wine and consumed our pies. We send congratulations to all, and thanks to you too **The New Buckenham Players**, cast and crew!

Maria Lloyd

St Mary's Residential Care Home

Market Place, New Buckenham, Norfolk, NR16 2AN

tel: 01953 860 956 email: manager@stmaryshome.co.uk

A home from home, at St Mary's, we offer 24-hour person-centered care within safe, warm and friendly surroundings with an emphasis on providing a high quality of life.

- Care services offered include day care, respite, dementia, palliative, end of life and long/short-term residential care
- Day care services include hot meals & refreshments
- Freshly prepared meals, including catering for special diets -Consistently received highest Food Hygiene rating of 5 star
- Single occupancy rooms, passenger lift, two enclosed gardens, Wi-Fi, nurse call facilities, wheelchair friendly wet room and a hair salon
- Residents enjoy engaging and stimulating activities
- Top ratings by residents, family & friends and healthcare professionals
- Social Services and self-funding residents welcome
- Self-funding residents offered very competitive rates
- Care package tailor-made to meet your requirements
- No-obligation free trial day offered

For further information or for a fact-finding visit, please contact the manager on 01953 860 956 or email manager@stmaryshome.co.uk

Registered and licensed to provide services by the Care Quality Commission (CQC)

- Under new management -

August Bank Holiday Fete

Congratulations to anyone who noticed that I submitted an article I wrote in 2018 to the last issue of *Parish News*! It has made me reorganise my files and documents to try and avoid a repeat. The biggest mistake was to include Janet Webb as the collection point for the White Elephant - she is helping out as an advisor on pricing (after all, she has so many years of practice) but is DEFINITELY NOT COLLECTING!

After a few years holding the Fete at the Village Hall we are beginning to feel that we are 'getting there' on the layout of the site. We will be having the display of classic vehicles again as it is not only very popular, but it also helps to fill up the large space we have available. As always we are still happy to have any comments/ideas about possible new attractions and/ or changes in layout, so please feel free to contact me sooner rather than later, as we need time if we are to act on suggestions.

The arrangements for collections of goods for our various stalls are given below and, yes, they are all receiving items as from now.

WHITE ELEPHANT: Can be left at Mill House Garage, if collection is needed please contact Clive at the Garage. Please remember we are not allowed to sell electrical items.

NEARLY NEW: Can also be left at Mill House Garage. These should be in very good condition, the clue is in the name!

BOOKS: Will be collected by me at Beech House, either leave in the garage or call me if you need collected.

Fortunately Maria, Pauline and their willing(?) helpers have agreed to run the tombola again and will be making their own appeal for prizes in due course. In the meantime, if you have anything to offer as a potential prize for the tombola or one of our raffles they can be left with me or at Mill House Garage. Don't forget to get in touch with any suggestions, offers of help, etc. I am always pleased to hear from you! I or another committee member will be contacting those who have helped before as the date draws near.

Carolyn Hupton Chair of Fundraisers (860216 / <u>carolyn.hupton@gmail.com</u>)

New Buckenham Easter Art Exhibition

Following on from last month's piece from Hazel Rush on the Art Exhibition, I am very pleased to report that now we have all the figures in and the final profit is a superb £3,647.

I think that the exhibition attracted a wide range of work and talent, and everyone I spoke to on the opening night seemed very positive and appreciative of the exhibits displayed (or was that because I was serving them wine?).

I would like to add my thanks to everyone involved, from the planning that started way back in September last year, right through to the those helped so selflessly over the weekend -a great example of the New Buckenham community spirit!

As the money raised gets split equally between the church and the Village Hall it is worth noting that from its inception the Art Exhibition has raised over £76,000 for these village causes.

If anyone would like a copy of the figures, please let me know, as there is too much information on the spreadsheet to display it effectively in *Parish News*.

Finally, I would like to thank Hazel, Clive and Gill, who put so much time, effort and care into the event, along with Mike, David and Pauline.

Jon Halfacree

jonhalfacree@btinternet.com

New Buckenham Parish News



Tel: 01953 860 572-Fax: 01953 860 090 E-Mail: clive.rush@btconnect.com

EVERYTHING FOR THE MOTORIST...

M.O.T Station inc. Diesel and Catalyst cars Full Diagnostic Facilities Up-to-date E.C.U - Engine Management Scanner

Servicing Exhausts, Batteries, Welding, Bodywork. Fully Equipped Tyre Bay Insurance and Accident Repairs Breakdown Service

> AIR CONDITIONING SPECIALISTS All makes of tyres at very low prices WE WILL COLLECT AND RE-DELIVER YOUR CAR

John Underwood Antiquarian Books

from 16th to 19th centuries

Newspapers from 17th century Modern First Editions Children's Books from Pooh to Potter All the above and much more!

Book Room and Bindery open most days .. please check before visiting. BOOKS WANTED TO PURCHASE BOOKBINDING CLASSES Plum Tree Farm, Upgate Street, Carleton Rode Tel: 01953 860746 www.johnunderwoodbooks.com

SWEEPERS

Chimney and Flue Cleaning Services

FOR A PROFESSIONAL SWEEP

Call Marty on:

01953 888544 07826 595385



Email: marty.the.sweep@gmail.com

EVENING AND WEEKEND SERVICE AVAILABLE

St Mary's Summer Fete

St Mary's summer fete will be held on the Village Green at 2pm on 20th July. There will be a cake stall, tombola, raffle, and more.

All donations gratefully received and all money raised goes to the residents' entertainment fund.

Hope to see you there!

St Mary's

Thank You

I would like to express my thanks to all those who helped me when I had a fall on 23rd May, including family, friends Keely and Briony, Nurse Bella and relatives, and the paramedics. I am pleased to say I am recovering well.

Pam Thomas

Village Show Trophies

Could all those lucky people who won trophies at last year's show please return them, preferably cleaned if you would be so kind, to Pat Oxley, Karen Hobley or Elly Newport? And then set to and you can win them all over again at this year's show. Remember the date -27th July - and I will see you there.

Any problems, give me a call on 860191.

Jimpy Casson

Chairman, Gardening Group

What we can do to save the planet?

Following my article last month about the imminent threats posed by climate change, here are a few thoughts on what we can all do to make a difference.

You may say 'yes, all very well, but what difference can one individual make?', but multiply that one by 10, 100, 1000 or 1 million and you become part of a potent force. Certainly, we can all do something — from simple things like saving water to switching to renewable energy sources.

Save water: Consider having showers instead of baths and don't leave the tap running while brushing your teeth. Only water your garden in the evening or at night.

Cut down on beef/dairy products: Cattle produce methane, which is more potent than carbon dioxide.

Say no to palm oil: Check ingredient lists. Palm oil is commonly found in products such as soap, bread, biscuits, chocolate, etc. The cultivation of African palm oil trees has led to the destruction of vast tracts of rainforest and is also posing a threat to wildlife, such as orangutans.

Cycle, walk or car share: Limit the use of polluting petrol and diesel engines.

Make a difference in the garden:

Where possible, avoid using pesticides and herbicides. Use natural methods or organic products instead.

Plant drought-resistant varieties and those that attract bees and other insects.

Grow your own vegetables - even a tiny plot can be very productive.

Leave areas of the garden to grow wild, allowing weeds that are loved by insects to flourish. Leave piles of wood/leaves to provide shelter for wildlife, such as hedgehogs. **Reduce food miles:** Buy locally or, at least, UK-grown produce. Be aware that aeroplanes are among the worst polluters.

Avoid plastic bags and packaging: Never use single-use supermarket bags; use your own — preferably made of fabric or cardboard boxes. Don't buy pre-packaged fruit and vegetables, buy them loose whenever possible.

Consider alternative energy solutions: Fit solar panels (where allowed). These can provide hot water, as well as generate electricity. Also, instead of using gas or oil for heating, look into more environmentally friendly options such as air- or ground-source heat pumps. While the initial cost might seem high, they will save you money in the long term.

Keep up the pressure: Talk to people. Contact those who can influence government and policy legislation. Write to your MP, cabinet ministers, and district and county councillors.

Violet Highton

The Dave Dowson Hackers Trophy 2019

Seventeen golfers and numerous supporters gathered at Silfield Pitch and Putt on Saturday 22nd June and were rewarded with another dry and fine summer day. This year, the fifth, the trophy was awarded to Ed Dowling, who has supported the event from the start.

Afterwards, we returned to the village and were treated to a complimentary buffet at the King's Head. Many thanks for this kind gesture to Dan and Sally-Anne. I know that all enjoyed themselves and appreciated the food. If you missed it this year, then come along next year and give it a try. You won't regret it.

Ian McNamara

New Buckenham Parish Council

Our next Parish Council meeting will take place on Tuesday, 9th July at 7:30pm in the Village Hall. A warm invitation is extended to all parishioners.

A reminder that agendas and minutes relevant to each meeting are posted on the noticeboard on the Village Green and on the website (<u>www.newbuckenhampc.info</u>) where you will also find further information about the Parish Council.

The Parish Council does not normally meet in August so meetings for the rest of 2019 are as follows: 10th September; 8th October; 12th November and 10th December.

We look forward to seeing you on 9th July.

Karen Hobley, Chair

Summary of Draft Minutes, June 2019

- 1. Apologies received from Cllr Crossman and District and County Cllr Askew.
- 2. Minutes of the Annual Parish Council meeting held on 14th May approved.
- 3. Matters Arising

The Clerk agreed to progress with two outstanding items: overgrown trees on Marsh Lane and replacement of the boundary fence between the allotments and the cemetery.

Continued on page 18...



- Free spaces available for 2, 3 and 4 year olds
- Idyllic rural location
- Full Montessori Programme in line with the Early Years Foundation Stage (EYFS)
- Experienced and qualified staff and management team
- High staff/child ratios
- Exceptional indoor/outdoor play opportunities

The Orchard Montessori Preschool & Nurserv The Fen, Banham NR16 2BU

t: 01953 887863 m: 07443658586 e: theorchardmontessori@gmail.com www.theorchardmontessori.co.uk

f

Pete Vale



Free quotations

T 01953 861 230 M 07986 114 108

E peter.vale@hotmail.co.uk



PValeDecorating



24 hour service

- 4. Public Participation
 - a) Cllr Askew's written report was noted.
 - b) Parishioners' Comments and Questions

A comment had been received that the village was looking 'scruffy' and the PC should consider employing someone to tidy it up.

c) Parish Councillor Reports

Cllr Bingham asked that the issue of placing white nonenforceable road markings to deter long-term parking in King Street be discussed with Highways.

Cllr Dowson suggested that the bin on the Play Area was not large enough in the Summer months. Clerk agreed to raise with Breckland Council.

5. Planning

a) New/revised plans for Land off Cuffer Lane.

Revised location plan submitted to show full extent of agricultural holding. Resolved that in the light of the new information received that the PC now objects to this application as the scale of the proposed building is disproportionate to the agricultural holding itself giving rise to concerns about vehicular access as well as the previously stated concerns.

b) Fair View, King Street

Window and door replacements. Resolved: no objection.

c) Grange Cottage, Grange Road.

Proposed first-floor extension. Resolved that the PC objects to the current application. Whilst not opposed to the principle of extending the property, the PC is concerned that the design and materials detract from the architectural merits of the property in a Conservation Area.

d) Planning decisions noted.

Single-storey Rear Extension, Woodbury Cottage: Approved.

Replacement of existing door frame, etc., The Old White Horse, King Street: Approved.

- 6. Financial Matters
 - a) Financial Report for May was noted.

b) PC Resolved to sponsor the November edition of *Parish News*.

c) Payments for June were approved.

d) Annual Internal Audit Report 2018/19 received and noted.

e) Annual Governance Statement approved.

f) Accounting Statements in 2018/19 Annual Return approved.

- g) Annual Return was signed by the Chairman.
- h) Final Accounts for 2018/19 were adopted.
- 7. Councillor Responsibilities

Allotments: Paul Martin and Steve Highton.

Cemetery: Paul Martin and Steve Highton.

Community Project Fund Group: Karen Hobley, Andrew Bingham and Mary Dowson.

Finance: Karen Hobley, Andrew Bingham and the Clerk.

Footpaths and Highways: Mary Dowson.

High Bailiff's Trust: Karen Hobley.

Continued overleaf...

Neighbourhood Plan: working group liaison, Mary Manning. *Parish News* liaison: Mary Dowson. Play Area: Paul Martin and Don Crossman. SNAP: Mary Manning and Mary Dowson. Street Lights: Don Crossman and Paul Martin. Village Hall Trust: Andrew Bingham.

8. Councillor Training

Clerk to circulate details of appropriate courses.

9. Neighbourhood Plan

Cllr Manning reported that the document was almost complete. It was proposed to present the draft Plan to the PC on 9th July with a view to presenting it to village residents at an Open Day on 28th July.

10. Two-Wheel Tuesday.

Cllr Bingham has discussed the matter with PC Wicks. Evidence of speeding in the village is needed so it was agreed to undertake an eight-day speed survey funded by general reserves.

11. Amenities.

a) Allotments: Ellis Williamson agreed to modify taps in cemetery and allotments in accordance with Anglian Water regulations.

b) Cricket Pitch: it was noted Rentokil had disposed of two moles. Complaints have been received regarding untidiness behind the pavilion and parking on the Common on match days. It was agreed to monitor the situation.

Parish Council Noticeboard
Proposals to be provided at the next meeting.

Mary Dowson, for the Parish Council



Mobile Library

Users please note that the Mobile Library comes to Chapel Street as usual at 1:20pm, but now leaves at 2:30pm, not 3:20pm as before. There will be a brief return (to the Market Place) at 3:45pm for 15–20 minutes.

We urge people to use this valuable service, as this will help to ensure it continues to operate.

Parish News Committee

New Buckenham Parish Council		
Chair:	Karen Hobley (01953 860529 / <u>karenhobley@hotmail.com</u>)	
Vice-Chair:	Andrew Bingham (01953 861150 / <u>andrew.bingham100@gmail.com</u>)	
Councillors:	Don Crossman (01953 861246)	
	Mary Dowson (01953 860320)	
	Steve Highton (01953 860499)	
	Mary Manning (01953 861242)	
	Paul Martin (01953 861117)	
Clerk:	Trevor Wenman (01379 641423 / <u>parishclerk@newbuckenham.net</u>)	
The Parish Council meets at 7:30pm in the Village Hall on the second Tuesday of every month. Further information about the Parish Council can be found on our notice board on the Village Green or on our website <u>www.newbuckenhampc.info</u> .		

Kings Stores

We offer a wide range of services and supplies including groceries, fresh meat and veg, newspapers, lottery, dry cleaners and lots more ...

Opening Hours: Monday – Saturday 7 am to 7 pm Sunday 8 am – 12.00 pm

Post Office: Wednesday 9.30 am - 12.00 pm

Why not call in and give us a try?

Look out for our special offers!

01953 860264



Biz Buzz

Greetings Biz Bods! This month:

⇒ The ART of business: Top tips from an internationally renowned Norfolk-born artist. He's painted Thatcher and Pope John Paul II ... but can he do business?



- \Rightarrow Send us your tips for a successful business. We're eager to know what you know!
- ⇒ The world's first augmented reality tourism app launches in Breckland, narrated by Stephen Fry. The Buckenhams are in line to be included. AR adds digital elements to a live view on your phone and can offer discounts, promos for local biz and a Treasure Hunt!
- \Rightarrow New Buckenham's orchids make it into the press, thanks to Biz Buzz.
- \Rightarrow Free tourism brochures covering all of Norfolk
- ⇒ Just how many pies did the King's Head make for the Victorian Melodramas?!
- \Rightarrow AND....of course...the latest on the phone mast drama.

Biz Buzz is a group of business folk and wannabes in and around New Buckenham spreading the news, offering support and swopping contacts.

Pick up the latest Biz Buzz at http://www.np4nb.online/

Get in touch: <u>info@np4nb.online</u>

If you want to join in with Biz Buzz and get the info and downloads, hop on board now.

Janet Trewin

July 2019

200 Club Lucky Winners			
Thank you for your continued support of the Village Hall. Here are the lucky winners for April's draw. If you would like to join the 200 Club, please call Paul Madden.			
£30	Ellie Hupton		
£20	Jane Humphries		
£10	Nancy Robertson; David Seville; Chris Catrina; Ian Wills; Simon Thorndike; Jane Ling; Sarah Nash; Peter Runacres; Kim.		



New Buckenham Parish News

Turtle Doves

Hunt's Farm Nature Notes can confirm that the rare and endangered Turtle Doves, which fly in from West Africa, have finally been sighted at Hunt's Farm on Cuffer Lane on 11th and 12th June. This is part of the long distance route, the Tas Valley Way, so is particularly welcome since the many walkers might stand a chance of seeing them. Frankly, though, you have to be observant as Turtle doves tend to be shy and retiring and usually flit off before you can get your camera out.

They've been coming here for decades but every year their arrival is more in doubt. Their numbers have declined in the UK by 91% since 1995. Birders on New Buckenham Common (a SSSI) reported hearing them at the end of May, but none had been seen. Now we know for sure they are here!

Check out the picture: note the differences from a Collared Dove, which is much plainer, and keep your eyes peeled.



If you are lucky enough to see any, contact Operation Turtle Dove <u>https://www.operationturtledove.org/get-involved/</u> <u>report-a-sighting/</u>.

Janet Trewin



Outstanding advice and legal expertise for the region

How can we help?

- Agriculture
- Conveyancing
- Employment
- Family

- Wills, Tax & Probate
- Tenancy Management
- Litigation & Disputes
- Corporate & Commercial

Attleborough | Aylsham | Dereham | Diss | Norwich | Watton | Wymondham



www.spiresolicitors.co.uk



The High Bailiff's Trust: The Village Green

As you will have read in previous *Parish News*, it is the High Bailiff's Trust that manages the Green and also the church clock, the pump in Chapel Street and, of course, the Market Cross. Recently there have been many adverse comments on Facebook about the state of the Green after it had been cut.

Let me explain. We deliberately left the cutting until we had some length on the grass, but then our contractor did not have resources to come and cut when we wanted him to. When he did have resource, he had to top the grass only, as the base was still damp and would have clogged his machinery. Hence he came back later and cut the grass when the moisture levels were lower. I think he did a good job.

I would like to bring to your attention that we will be leaving a two-foot strip around the Old Forge situated on the Green for wild flowers and assorted plants in order to provide a habitat for wildlife. It hasn't just been abandoned or ignored by the contractor.

As for posting comments on Facebook, there are some of us who still prefer personal contact. If you have a comment to make about the Green, or any of the other assets we manage, then please come and talk to me or one of the other Trustees. There is a list on the Village notice board on the Green with contact details. We won't eat you and it is our aim to make the village as attractive as possible for residents and visitors alike.

Jimpy Casson Chairman, High Bailiff's Trust



Iron-4-You

Professional and friendly ironing service from me to

you

Call Debra 07789 992085 / 01953 860376

willowsofdiss@gmail.com

Let me do your pressing and stop your stressing!

Slimming World with Amy

Feel your best in 2019 where a world of support and friendship awaits!

Monday – New Buckenham Village Hall 5.30 & 7.30pm

Thursday – Attleborough Scout Hut (near the train station) 9.30am

> Pop along or contact Amy 07590 806046



SMART GARDENS

Lawns and Borders Maintained

Spring and Autumn Pruning

Hedges Trimmed

For free quote ring Vicky or Alan

01953 860451 / vickyal0712@gmail.com

St Martin's Church July 2019

Sunday 7th	11:00am	Parish Eucharist	3rd Sunday after Trinity	
Sunday 14th	11:00am	Parish Eucharist	4th Sunday after Trinity	
Sunday 21st	6:30pm	Evensong	5th Sunday after Trinity	
Sunday 28th	11:00am	Morning Worship	6th Sunday after Trinity	
Please note that Evensong has now been moved to the third Sunday of the month.				

Tacolneston Osteopaths

Yvonne Ayliffe D.O.FSCCO BSSCMD MICrA Chloe Savage M.Ost Ian Lewis B.Ost

9 The Fields, Tacolneston **Tel: 01953 789629**



reception@norfolkost.co.uk

- •Experienced osteopath qualified for 37 years
- •Gentle Osteopathy for the elderly
- •Cranial Osteopathy

07770652839

- •Headaches and migraine, acute necks
- •Sporting injuries, accidents & whiplash
- •For muscular and joint problems
- •Repetitive strain injuries at work or at home
- •Pre-& post- pregnancy for mother and baby **OSTEOPATHY FOR ALL**



All types of building work undertaken including:-

- Specialising in Older Properties
- Extensions / Loft Conversions
- Roofing
- Property Maintenance
- Landscape Gardening

MOBILE: 07778 602 026 HOME: 01953 860 693



We are a family run Tearooms/Cafe specializing in great homemade cooked food, refreshments, home comforts, customer service & most importantly CAKE!!!

Pop in for a cup of coffee & cake or a spot of lunch in a relaxed environment. Stay as long as you like & chat with friends and consider us your home away from home.

Table service is provided so no need to wait around, just take a seat, you may lounge on the ground floor by the fireplace or sit upstairs by the large windows overlooking the beautiful village of New Buckenham.

SERVICES

- Bespoke Celebration Cakes (Birthdays, Weddings, Christenings etc)
- Afternoon Tea (Booking only)
- Private functions (Birthdays, Christenings, Funerals, Meetings etc) (Capacity 25 upstairs, 12 downstairs)
- Outside Catering (Functions, Corporate, Afternoon Tea etc)
- Wedding Afternoon Tea Catering (All China Supplied)
- Cake Decorating Classes.

For all inquires please speak to a member of our staff in store or by telephone or you can drop us a message through our Facebook page.



Dates For Your Diary

The Village Hall Bookings Administrator is Stevie Hobley 01953 860463 ~ 07469 715517 ~ <u>bookings@newbuckenhamvillagehall.co.uk</u>

July 2019		
Friday 5th	Mobile Library, Chapel Street, 1:20pm– 2:30pm, Village Green, 3:40pm–4pm	
Saturday 6th	Downtime Jazz Quartet, St Martin's Church, 6:30pm	
Tuesday 9th	Parish Council Meeting, Village Hall, 7:30pm	
Tuesday 16th	Village Hall Trust AGM, Village Hall, 8pm	
Saturday 20th	St Mary's Summer Fete, Village Green, 2pm	
Saturday 27th	New Buckenham Village Show, Village Hall, 2pm	

Contributions for the August 2019 issue of *New Buckenham Parish News* should be submitted by 6:00pm on <u>Sunday 21st July 2019</u> to Linda Bryan, Pine Cottage, Marsh Lane (861107), Michael Boswell, Peel House, Chapel Street (860015), Richard Hoggett, 9 Church Street (860136) or by email to <u>editor@newbucknews.co.uk</u>.