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August 2023

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New Buckenham Parish News

August 2023

From Village and Vestry

Many thanks to those who came along to support our summer jazz evening on 15th July. Despite the high winds forcing us inside and the unexpected power cut, we had a great night. Roger and his band were quite wonderful and Cat's vocals were amazing despite the loss of microphone! Chilled Prosecco, sweet-tasting strawberries with cream and some super sounds added to a lovely atmosphere that ended with candlelight seeing us on our way. After expenses, we have made a further £177, which will go towards Village and Vestry's support of St. Martin's. Thank you for helping us in our endeavours.

Sponsor the Parish News

We are very grateful to the sponsors of this month's magazine.

If you would be interested in sponsoring an issue of Parish News or advertising in the magazine, please contact Mary Dowson on 01953 860320 or email mdowson@btinternet.com.

Parish News Committee

August Bank Holiday Fete

The Village Fete will be on Monday 28th August (1pm start) and preparations are nearing completion. The fete will follow a similar format to last year, with the usual attractions and fun for all the family at the Village Hall.

As the big day approached, please note the following:

WHITE ELEPHANT STALL: If you have good quality items to donate please contact Janet Webb (860450) or Audrey Dowling (861155) to arrange for drop off. If necessary we can arrange for the collection of larger items. No electrical items or large furniture please.

BOOK STALL: Books will be stored by Carolyn Hupton. Either leave in the garage of Beech House or call Carolyn (860216) if you need to arrange for collection. No magazines or outdated technical/educational books please.

NEARLY NEW: Very good quality clothes only please. Donations will be stored by Jackie Bishop-Aldous at 13 St Martin's Gardens. Please call Jackie first on 07885 685016 before dropping off items.

TOMBOLA: We are looking for donations for prizes for the tombola. There will be a collection box in Kings Stores and in the church. Toiletries, 'unwanted' gifts, boxes of sweets or chocolates, wine, etc., would be much appreciated.

VINTAGE OR UNUSUAL VEHICLES: This has been a popular attraction at previous fetes. If you have a vintage or unusual vehicle you would like to display, please contact Clive Rush on 860572 or call in at Mill House Garage.

HELPERS: Those of you who kindly helped out last year will no doubt be contacted by me over the next few weeks in the hope that we can sign you up for this year. For those who are new to the village and can spare some time to help, please contact me on

07534 353713 or jon.frith@frith-blake.co.uk. Even an hour of help on the day makes a difference and it is a great way to get to know others in the village. What we really need are volunteers willing to join the committee and help with the organisation – if you are willing and able please let me know.

RAFFLE PRIZES: Look out for your books of raffle tickets. Please gently harass friends and family to buy the tickets as this makes a big difference to how much money the fete raises. We are very lucky again this year and have some amazing prizes. These include a 3- or 4-night break at a windmill in north Norfolk (worth about £750), dinner, bed and breakfast for two at the Crown Hotel in Wells-Next-the-Sea, a £250 John Lewis voucher, and many more.

GAZEBOS AND TENTS: Fingers crossed we will have good weather and we can never have too many gazebos and party tents. If you are able to loan any for the day it would be appreciated.

Finally, thank you to everyone who is helping me navigate this new role of fete organiser – it is very much appreciated!

Jon Frith, Chair of Fundraisers

07534 353713 / jon.frith@frith-blake.co.uk

Thank You

After being a bit useless for a couple of weeks, I disappeared off to hospital rather dramatically and have been rewired with a pacemaker – hopefully I shall be back to normal energy levels in a few weeks!

Many thanks for all the lifts, shopping and general concern shown to us both. In recognition of the medical care received by me and other friends, the next coffee morning on 12th August will be in aid of the British Heart Foundation.

Susie and Ian Jowett 860929

New Buckenham Parish Council

The Parish Council does not meet in August, so our next Parish Council meeting will be held on Tuesday 12th September at 7:30pm at the Village Hall. A warm welcome is extended to all parishioners. If any issues arise in August, please do contact me as parish councillors will be available to help and support.

Our remaining meetings for 2023 take place on 10th October, 14th November and 12th December.

We continue to focus on speeding issues. A Parish Partnership application for the Village Gateway has to be completed by November 2023. NCC has advised us that a proposed speed reduction on the B1113 is not viable. We are awaiting information on 'Child-shaped' bollards. Some people have purchased 'Slow Down' stickers for wheelie bins, which are available from Amazon. The Speedwatch training will hopefully have taken place by the time this edition of *Parish News* is published. We are committed to our focus on speeding and would be delighted to hear your thoughts and ideas!

Some good news is that our defibrillator project has finally been completed after, I admit, many ups and downs. It should be arriving within the next few days and will be installed on the side wall of the King's Head. Many thanks to Simon from the King's Head who has enabled the project to go ahead by offering support when we were struggling to find a suitable position for the defibrillator.

Sue Britton has previously compiled a list of volunteers who will carry out regular checks on the defibrillator. If you have volunteered, please would you be kind enough to confirm to Sue or myself that you are still happy to do this and we can make plans for a rota? Thank you and thanks to Sue for her help with the project.

Karen Hobley - Parish Council Chair

01953 860529 / karenhobley@hotmail.com

Summary of Draft Minutes July 2023

Present: Karen Hobley (KH; Chair), Mary Manning (MM), Mary Dowson (MD), Andrew Bingham (AB), Steve Askew (SA; District and County Cllr) and Angela Thornton (AT; Clerk).

1. **Minutes** of the June meeting confirmed as correct.

2. **Matters Arising**

- a) Village Gateway: Action AB to complete Parish Partnership application process and submit by November 2023.
- b) Defibrillator: order placed. Sue Britton and volunteers' names to be passed to Parish Clerk.
- c) County Broadband Wayleave Agreement: still with solicitors.
- d) Establishment of community woodland working group: the group met to assess potential sites. Costings and potential sites to be brought to PC. Action AB .
- e) Electric Charging Point: awaiting NCC site survey to assess viability.
- f) Cuffer Lane Planning: ombudsman process investigated, no further right of appeal. Site to be monitored.

3. **Public Participation**

a) Parish Cllrs

KH explained that NCC advice suggests any proposal to speed reduction on the B1113 is not viable. The damaged bollard in King Street has been repaired, but there were concerns about the quality of the repair. AT to report to Highways.

The defibrillator will need some electrical work when placed on the wall at the King's Head - KH to liaise.

AB requested that trees need to be trimmed around the streetlights especially on Castle Hill Road. Action AT.

b) District/County Cllr

SA reiterated that the speed reduction request is not viable.

He advised that the Mobile Food Bank will be available in Old Buckenham shortly. Information to go in Parish News and on the New Buckenham Facebook site.

c) Parishioners

Two parishioners were present and left at 8:15pm. Requested an update on the community wood. AB to progress in the summer to identify landowners and potential sites. Requested an update on electric charging points – NCC to survey.

4. Financial Matters

Bank reconciliation for June approved.

Payments for July and August approved.

5. Planning

No objection to the call for an increase in traveller sites in South Norfolk.

6. Amenities

a) Closed Churchyard

Some clearing along the wall has taken place. MM requested the skirt of the lime tree be removed . Action AT. Period Pointing will be continuing repairs to the flint wall for two weeks starting July 17th.

b) Cemetery

Registration on the Diocesan system is in place to allow re-use of some graves which are more than 85 years old.

c) Allotments

Thanks to Ellis Williamson and John Hobley for replacing valves which has significantly increased water pressure.

NBPC to review the allotment policy at the September meeting.

d) Play Area

DC arranging replacement and repair of broken log and possible replacement of worn signage.

5. Public Footpaths.

Footpath number two stile - to request Barbara Cattermole to contact Ramblers to replace stile with a gate.

6. Correspondence

Parishioner email re Street Lighting discussed. Some parishioners have requested lights removed / turned off to reduce costs and glare. Other parishioners request lights remain unchanged for safety and security. AT to obtain quotes for shields to reduce glare and the reduction of brightness at midnight.

News from the Pews

Coffeemates: Thanks to all who helped or came to the coffee morning on 8th July in aid of Toilet Twinning. We raised £162 which will provide two loos in the Democratic Republic of Congo. Next dates: Saturday 12th August in aid of the British Heart Foundation (a cause dear to Susie's...), then 9th September and 14th October. All 10.30am with coffee, cake, stalls and raffle.

Village & Vestry: Once again plans for an outdoor event were scuppered by the weather, so a lovely cabaret style area was set up in the social area of the church. The prosecco was poured and Downtime Jazz, with their talented singer Cat Bensley, were all ready to start when, would you believe, there was a power cut! But if there's one thing a church has it's candles, plus a lot of goodwill, prosecco and strawberries. The band went acoustic, and we had a brilliant evening! Many thanks to V&V for their hard work.

Gardens: The church and gardens are yours to enjoy this summer. This is communal village space – please come and sit in the shade, or walk in the gardens, whenever you like. The church itself is open from 10am to dusk every day, with our amazing bookshop.

Summer Club for Kids: You are warmly invited to come and join in with the activities and games of our 'Seven Church Summer Club' (SCSC). It is open to all children 0–11 years but they must be accompanied by an adult. We will be meeting at St Mary's church Banham on Tuesday, Wednesday and Thursday mornings from 10–12 for the first four weeks in August. It starts on Tuesday 1st August. Admission is free. Phone to register on 07809430967 or just come along. Look forward to seeing you.

Service Rota: Details on separate page, and on the church noticeboard. As Susie is on recovery leave for the next few weeks, there may be changes, but these will always be displayed.

Waveney Food Bank: We continue to take donations as does Kings Stores. The demand is unprecedented and will rise again in the school holidays, and supplies have become critically low in some areas, particularly pasta sauce and tinned veg.

Contact details: Rev Sarah Walsh is always happy to visit or chat. Contact her on 01953 571549 or 07809 430 967

Enquires about funerals in the benefice, Jill Moses jillannm1@gmail.com and for weddings and baptisms Val Plummer, quidenhamgroup.wedding@gmail.com. For details of services, Susan, and queries about the premises, Louise, both numbers below.

Louise Casson (860191) / Susan Hilton-Jowett (860929)

St Martin's Services: August 2023

Subject to change – please check church noticeboard

Sun 6th	10am	Group Service at New Buckenham	Transfiguration of Our Lord
Sun 13th	4:30pm	Choral Evensong	Trinity 10 Proper 14
Sun 20th	11am	Joint Holy Communion at Kenninghall	Trinity 11 Proper 15
Sun 27th	11am	Morning Worship Coffee to follow	Trinity 12 Proper 16

For more information about services, contact:

Priest in Charge: Revd Sarah Walsh (01953 571549)

Authorised Worship Assistant: Susan Jowett (01953 860929)

Life Under The Limes

There are more than twenty-five different species of wildflowers under the lime trees on Market Place. Several have matured, produced flowers, gone to seed then died back making room for other plants to take their place.

Common Daisy and Ox-Eye Daisy: The name 'daisy' is a corruption of 'day's eye'. As the daisy opens its petals at the beginning of the day its yellow 'eye' is revealed. At the end of the day the petals fold over closing the 'eye'. So long as the autumn and winter are mild the common daisy will flower all year with each individual flower lasting five to ten days.

The ox-eye daisy is almost three times the size of the common daisy and can grow to 3' tall. They are great value in the garden flowering for five months from May to September. As the petals die back the yellow 'eye', taking energy from the plant, ripens into seed. When the flowers look dead, brown and dry the seed is ready to be collected.

The common daisy was believed to be the spirit of children who had died during or soon after birth with the flowers springing up to comfort the parents. According to Norse legend, the daisy represents Freya, the goddess of love and fertility. So, the daisy symbolises childbirth, motherhood and new beginnings. Remember playing 'he loves me, he loves me not' and making daisy chains and garlands? A garland around the head of a baby was said to protect it from being stolen by the fairies and replaced with a changeling child.

Along with its spiritual associations with children and innocence, medicinally the daisy was also known as 'bruisewort' a homeopathic cure for bruises during childbirth. According to Maud Grieve in *A Modern Herbal* (1931), the daisy was used as an 'antispasmodic diuretic and tonic'. The ox-eye daisy was apparently successful in treating whooping cough, asthma and 'nervous excitability'.

Daisies also provide valuable pollen and nectar for bees, butterflies and beetles. Earwigs eat the petals and snails, slugs, rabbits and deer eat the whole plant. There has definitely been evidence of deer and rabbits under the lime trees!

Cow Parsley: Appearing as early as April and flowering until June is cow parsley in all its abundant glory, growing up to 4' tall. I fell in love with it over 40 years ago as it turned The Great Churchyard in Bury St Edmunds into a magical and mysterious place.

Two years ago, when the cow parsley was at its best under the lime trees, a delighted little said it was 'like an enchanted forest'.

I have been unable to find a satisfactory reason for the 'cow' part of its name although cow parsley is, as its name says, amongst the parsley family of plants.

Cow parsley has many other names including 'Queen Anne's Lace'. While walking with her ladies-in-waiting Queen Anne (1665 to 1714) said the plant reminded her of the lace pillows her ladies carried. Were these pillows for making the handmade lace which adorned the cuffs of the queen's dress?

A less romantic name is 'mother die'. It is likely this is to deter children from picking cow parsley as it so closely resembles the highly poisonous hemlock. Looking very like cow parsley is hogweed, a harmless native wild flower. Not to be confused with giant hogweed which is not native to this country.

Although awe-inspiring and up to 10' tall giant hogweed is an incredibly toxic and dangerous plant which should not be touched at all. For a short history about giant hogweed and the fear it can instil, listen to 'Nursery Cryme' by Genesis, 'The Return of the Giant Hogweed'.

As well as its wonderful ethereal quality, as an early source of pollen cow parsley is an important host for up to 40 insects including bees

and hoverflies. Even after flowering, cow parsley should be left as food for goldfinches who eat the seed.

Medicinally, cow parsley was used to treat stomach, kidney and breathing difficulties. It has also been used as a mosquito repellent. Cow parsley has also been used, fresh or dried, as a seasoning. The young leaves, roots and stems can also be eaten.

I wouldn't advocate eating or using any of these plants as a cure or to eat, but it is interesting to learn how these common and readily available plants have been used in the past.

Kim Cutmore

Weavers - by the sheep

Good Companions

At the meeting on 20th July, 17 members attended and played all-prize bingo. The committee and members would like to wish those who were poorly a speedy recovery, and we hope that those on holiday had a very good time.

The next meeting will be on Thursday 17th August at 2:30pm in the Village Hall. The entertainer will be Allen Avery, who has been to us in the past.

Christine Wilby

Post Box Collections

It has been noted that the that the collection times have changed for the village post box! The old collection times were 5pm on Monday–Friday and 10am on Saturday. The new times are **9am on Monday–Friday** and **7am on Saturday**.

Community Car Service

The community car service is provided by 'vetted' voluntary car drivers from the village, to enable those not able to access transport for non-emergency health-related journeys such as hospital/GP/optician/dental or other health appointments. The journey fare is charged at 45p per mile with the service user paying half the cost direct to the driver with the other half paid out of a grant from Breckland Council and the Parish Council. We currently have seven volunteer drivers, including the co-ordinator.

To access the service please, or for more information about becoming a voluntary driver, please contact me (leaving a message if necessary).

Gerry Walsh/Gildersleeve

Acting Co-ordinator, 861027

200 Club Lucky Winners

Thank you for your continued support of the Village Hall. Here are the lucky winners for the latest draw.

£20

Lizzie Break, Alison Taylor, Jai Hart

£10

Mike & Ley Heels, Don Crossman, Doreen Madden, Stevie Hoble, Brian & Averil Camp, Sonya Duncan

New Buckenham Parish Council

- Chair:** Karen Hobley
(01953 860529 / karenhobley@hotmail.com)
- Vice-Chair:** Andrew Bingham
(01953 861150 / andrew.bingham100@gmail.com)
- Councillors:** Don Crossman (01953 861246)
Mary Dowson (01953 860320)
Steve Highton (01953 860000)
Mary Manning (01953 861242)
Paul Martin (01953 861117)
- Clerk:** Angela Thornton (01953 887830 /
parishclerk@newbuckenham.net)

The Parish Council meets at 7:30pm on the second Tuesday of every month at the Village Hall. Further information can be found on our notice board on the Village Green or www.newbuckenhampc.info.

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Dates For Your Diary

August 2023

August 2023	
Sat 12th	Coffeemates!, St Martin's, 10:30am
Thurs 17th	Good Companions, Village Hall, 2:30pm
Mon 28th	Village Fete, Village Hall, 1pm onwards

The Village Hall Bookings Administrator is Stevie Hobleby
07469 715517 ~ bookings@newbuckenhamvillagehall.co.uk

Contributions for the September 2023 issue of *New Buckenham Parish News* should be submitted by 6pm on Sunday 20th August to Richard Hoggett, 9 Church Street (860136), Katie Wyatt-Hupton, Orchard Cottage, Marsh Lane (308427) or by email to editor@newbucknews.co.uk.

TO ADVERTISE: please contact Mary Dowson on 01953 860320 or mdowson@btinternet.com