

New Buckenham Parish News

NEW BUCKENHAM'S

VILLAGE SHOW

SATURDAY 27th JULY 2024

New Buckenham Village Hall



PUBLIC VIEWING FROM 2pm.

Children's Entertainment with Dr Mandy from 2pm

ENTRANCE FEE £1.00

TOMBOLA RAFFLE REFRESHMENTS

Presentation of Prizes from 3.15 pm.

July 2024



THE KING'S HEAD

EAT • DRINK • SLEEP



A warm welcome from our team will greet you at The King's Head. Once inside, you can expect a cracking pint, a glass of lovely wine or a G&T at the bar, along with some delicious classic British dishes from the kitchen.

Market Place, New Buckenham
NR16 2AN

www.thekingsheadnewbuckenham.co.uk

New Buckenham Parish News

July 2024

William Barber Trust

The William Barber Trustees are looking for someone to join the small committee to help monitor and maintain the four almshouses in the village. These houses were re-built in 1861, but were the legacy of William Barber who died in 1693 and are for villagers who find themselves in need. The Trustees act as befrienders to the residents and look after the properties.

If you are willing to give up a small amount of your time to keep this historic trust active within the village, please contact Jon Frith on 07534 353713 or jon.frith@frith-blake.co.uk. Thank you.

Mary Dowson on behalf of The William Barber Trust.

Sponsor the Parish News

This month's issue is kindly sponsored by the Chirodian family.

If you would be interested in sponsoring an issue of *Parish News* or advertising in the magazine, please contact Mary Dowson on 01953 860320 or email mdowson@btinternet.com.

Parish News Committee

New Buckenham Village Show

After a successful Open Gardens, the Gardening Group is now gearing up for the Village Show on 27th July. We have a few reminders about how you can help behind the scenes and how you can enter:

We're always grateful for cakes, offers of help in the kitchen and small gifts for the Tombola.

We would ask that if you won a trophy at last year's Village Show, please would you be kind enough to give it a quick polish and return it to me at 9 St Martin's Gardens by the weekend prior to the Show (20th/21st July).

We would love you to enter the 'Up the Wall' part of the Show which celebrates the beautiful hanging baskets and window boxes which adorn many of the houses in New Buckenham.

Further copies of the Schedule, if required, can be downloaded from newbuckenham.net or obtained from myself or Jimpy.

We're hoping for a record number of entries this year, so if you can bake, craft, garden, flower arrange or take photographs, we would love to see your entries.

For the youngsters, there are opportunities for the 6 year olds and under to bake cupcakes, make a pasta necklace, decorate a paper plate and make an animal from any fruit or vegetable. For the older age group (7 to 12 years), in addition to the cupcakes and the animal made from any fruit or vegetable, you could design a miniature garden or decorate your initials on card or paper.

Phew! Lots of classes to enter! However, if your talents lie in other areas and you would be able to help with a bit of lifting and furniture moving from 6pm on the Friday evening before the Show (26th July) you won't win a trophy, but you will definitely be awarded some brownie points!

Please let me know if you can help in any way so that I can update my spreadsheet (OK, scribble on my piece of paper!).

Public viewing is from 2pm on Show Day.

Many thanks – your help is always greatly appreciated.

Karen (01953 860529 / karenhobley@hotmail.com)

Jimpy (01953 860191 / petercasson219@btinternet.com)

Open Gardens 2024

Opening your garden is not something one undertakes lightly, and it requires a great deal of work to produce a garden that one considers worthy of allowing several hundred visitors to enter. But we are fortunate that we have 20 owners prepared to put their gardening prowess on the line and subject them to friendly appraisal.

Thank you to all of you who opened your garden this year and allowed visitors to trample over your carefully nurtured grass and mutter how better the flowers would have looked in early June.

Thanks also to Phil Anderson and his team for the work they have done to make the village look tidy for the big day, cutting grass and weeds in the open spaces.

Also thanks to everyone who, whilst not entering Open Gardens, still put in an effort to tidy up their patch and so contributed to a tidy village for the day.

We will have made enough to finance the Village Show for two years and also be able to contribute to gardening orientated charities. For that we recognise the effort put in by everybody and thank you all.

Jimpy Casson

Gardening Group

August Bank Holiday Fete

The Village Fete will be returning this year on Monday 26th August (1pm start) and preparations are now well underway. The fete will follow a similar format to last year, with the usual attractions and fun for all the family at the Village Hall.

Those of you who kindly helped out last year will no doubt be contacted by me over the next few weeks in the hope that we can sign you up for this year.

As ever, we are looking for new helpers. In particular, we need people to help organise the event, as well as helpers setting up and on fete day. If you are able to spare some time please contact me on 07534 353713 or jon.frith@frith-blake.co.uk or see me at Bailey, King Street.

Please also note the following:

White Elephant Stall: If you have good-quality items to donate please contact Janet Webb (860450) or Audrey Dowling (861155) to arrange for drop off. If necessary, we can arrange for the collection of larger items. No electrical items or large furniture please.

Book Stall: Books will be stored by Carolyn Hupton. Either leave in the garage of Beech House or call Carolyn (860216) if you need to arrange for collection. No magazines or outdated technical/educational books please.

Nearly New: Very good-quality clothes only please. Please drop off items with me at Bailey, King Street or contact me on 07534 353713. Please delay dropping off items until after 15th July.

Tombola: We are looking for donations for prizes for the tombola. There will be a collection box in Kings Stores or please drop off to me at Bailey, King Street. Toiletries, 'unwanted' gifts, boxes of sweets or chocolates, wine, etc., would be much appreciated as well as prizes for children.

Vintage or Unusual Vehicles: This has been a popular attraction at previous fetes. If you have a vintage or unusual vehicle you would like to display, please contact Clive Rush on 860572 or call in at Mill House Garage.

Raffle Prizes: Look out for your books of raffle tickets to be delivered closer to the date. Please gently harass friends and family to buy the tickets as this makes a big difference to how much money the fete raises.

Gazebos and Tents: Fingers crossed we will have good weather and we can never have too many gazebos and party tents. We are in desperate need of a few gazebos for this year, so please let me know if you are able to help.

Watch this space for more details as we get closer to August. Finally, thank you to everyone involved for your help – it is very much appreciated!

Jon Frith, Chair of Fundraisers

Bailey, King Street / 07534 353713 / jon.frith@frith-blake.co.uk

Good Companions

The meeting on Thursday 20th June was cancelled due to unforeseen circumstances.

The next meeting will be held on Thursday 18th July at 2:30pm in the Village Hall, when we will be entertained by Alan Avery.

All new members will be made very welcome. For further details, please contact Diana Cole on 860636 or me on 860467.

Christine Wilby

News from the Pews

Coffeemates!: Thanks to all who baked, bought, and otherwise supported the coffee morning on 8th June. We raised £200.35 to continue our Toilet Twinning project, sponsoring basic sanitation and hygiene training in some of the world's poorest countries.

Our July coffee morning has been moved to Saturday 20th to coincide with the Open Churches weekend. Regulars here can enjoy all the usual goodies, stalls and raffle, but we might have more visitors! Watch out for details on posters.

Open Churches Weekend: Around the Quidenham Groups of churches on 20th and 21st July. There will be events and activities here and at Banham, Old Buckenham, Kenninghall, Eccles, Quidenham and Wilby churches, see posters for details. Adults £5 to attend all the venues, accompanied children free.

Village & Vestry: V&V are a group of people, not all church-goers, who love our church building and want to maintain it as a special place for everyone. They have helped keep the roof on and the bills paid by hosting some wonderful events, usually involving food, wine and music! They run a coffee morning with stalls in the spring, decorate the church at Christmas and are now running the bookstall. New members and new ideas are always welcome. The next meeting to plan autumn events will be Tuesday 23rd July at 7pm. Venue to be confirmed, but if you'd like to come and find out more, please call Fi Gallimore on 01953 860645 or 07981 107703

This Summer: The church and gardens are yours to enjoy. This is communal village space – please come and sit in the shade or walk in the gardens, whenever you like. The church itself is open from 10am until dusk every day, with our amazing bookshop, children's play corner and books to borrow or keep, a loo and free access to drinking water. Watch out later for information about summer club events in Banham church.

Waveney Food Bank: We continue to take donations, as does Kings Stores. The demand will rise again in the school holidays so your generosity is much appreciated.

Confirmation Preparation Course: Anyone who may be looking for Confirmation please contact Revd Sarah for more information: phone 01953 571549 / 07809430967 / revsewalsh967@gmail.com.

Contact Details: Revd Sarah Walsh is always happy to visit or chat. Contact her on 01953 571549 or 07809 430967. For details of services, please contact Susan, and queries about the premises, please contact Louise.

Louise Casson (Churchwarden) 860191

Susan Hilton-Jowett (AWA) 860929

St Martin's Services: July 2024			
Sun 7th	10:00am	Group Service at Banham Rev Sarah Walsh & Rev Liz Billett	Trinity 6 Proper 9
Sun 14th	4:30pm	Choral Evensong Canon Tony Billett plus choir	Trinity 7 Proper 10
Sun 21st	11:00am	Holy Communion Rev Sarah Walsh	Trinity 8 Proper 11
Sun 28th	11:00am	Morning Prayer Val Plummer (AWA)	Trinity 9 Proper 12
<p>For more information about services, contact: Priest in Charge: Revd Sarah Walsh (01953 571549) Authorised Worship Assistant: Susan Jowett (01953 860929)</p>			

New Buckenham Village Hall

EV Chargers

The new electric vehicle chargers at the Village Hall are now up and running. These are available to both owners of EVs in the village and for passing traffic. Payment can either be made by card or through the Electroraad app. The Village Hall gets a payment for electricity used, so benefitting the village, even more so if you can charge your car when it's sunny so we use our own solar-generated power!

The EV chargers are part of an initiative led by Norfolk County Council to encourage EV ownership. The Village Hall are pleased to be able to support this project on the journey towards Net Zero.

AGM

The Village Hall is an amazing resource for the village and is used by many organisations. The continued support for the Village Hall by the community is very much appreciated by the Trustees. The AGM is your chance to find out more about how the Village Hall is managed, to ask questions of the Trustees, raise any issues and make suggestions to the Trust. We rely on your input to ensure we run the hall with the community and our hirers in mind.

The Village Hall Trust AGM will be held Tuesday 16th July at 8pm. If you are unable to attend, but have any views or comments to put forward please contact Stevie Hoble using the details below, these can be anonymised for the meeting if you wish.

There are also three elected Trustee spaces to fill, candidates interested in standing for election or any enquiries regarding the AGM please contact Stevie Hoble, Bookings Administrator: bookings@newbuckenhamvillagehall.co.uk or 07469 715517

Thank You!

The Trustees for New Buckenham Village Hall would like to express their thanks to Jon Halfacree and the New Buckenham Fundraisers group for their generous donation of £2,300 from the Art Exhibition. This money will be held aside for a specific project rather than being added to our general funds. We are so grateful for the donations received as a result of successful events held at the Hall, and we hope that these donations will enable us to maintain this facility to good standards and ensure the hall remains a popular venue to hire for many years.

Andrew Bingham for New Buckenham Village Hall Trust

07702 119318 / andrew.bingham100@gmail.com

New Buckenham Parish Council

Chair: Andrew Bingham
(01953 861150 /
cllr.andrew.bingham@newbuckenhamparishcouncil.gov.uk)

Vice-Chair: Paul Martin
(01953 861117 /
cllr.paul.martin@newbuckenhamparishcouncil.gov.uk)

Councillors: Don Crossman (01953 861246)
Mary Dowson (01953 860320)
Steve Highton (01953 860000)
Karen Hobley (01953 860529)
Mary Manning (01953 861242)

Clerk: Angela Thornton (01953 887830 /
parish.clerk@newbuckenhamparishcouncil.gov.uk)

The Parish Council meets at 7:30pm on the second Tuesday of every month at the Village Hall. Further information can be found on our notice board on the Village Green or www.newbuckenhampc.info.

New Buckenham Parish Council

Everyone has no doubt been very aware of the County Broadband works in the village laying ducts and cables for providing fast broadband. The PC is very conscious of the need to minimise the long term impact on the village of new infrastructure, particularly overhead cables which are unsightly and impact on the historic setting of the village. The Parish Council has no powers to prevent new poles and overhead cables being installed, we are discussing this work with Breckland who do have some very limited powers to influence what is installed. Between both organisations we will try and work with County Broadband to ensure as much cabling as possible is laid below ground. Please call or email me if you have any concerns about the work being undertaken.

The next Parish Council meeting is on Tuesday 9th July at 7:30pm at the Village Hall. We welcome all villagers to come to the meeting, this is an opportunity to participate and raise any issues in the village you might wish to discuss.

Andrew Bingham

Chair, New Buckenham Parish Council

cllr.andrew.bingham@newbuckenhamparishcouncil.gov.uk

07702 119318

Summary of Draft Minutes: June 2024

Present: Andrew Bingham (AB) Chair, Mary Manning (MM), Don Crossman (DC), Paul Martin (PM) and Mary Dowson (MD). Angela Thornton (AT) Clerk and two parishioners. Apologies: Steve Highton and Karen Hobleby.

1. Minutes approved May meeting subject to:
 - Cllr Steve Askew was in attendance.
 - SH reported storage materials, possibly building materials, on a field behind the houses on Marsh Lane.

2. Matters Arising
 - a) Village Gateway: no further progress.
 - b) County Broadband Wayleave agreement: still pending.
 - c) Community Woodland: no further progress.
 - d) Electric Charging Point: Two charging points now operational at the Village Hall.

3. Public Participation
 - a) Parishioners
 - i) A resident expressed concern and disappointment re works to facilitate village accessibility to County Broadband services. Specific concerns: long-term visual impact; erecting a pole outside The Old Vicarage; not running cables underground; poor standard of reinstatement works to footpath; perceived lack of notification. NBPC agreed to write clarifying concerns and objections to County Broadband and BDC. Action AB.
 - ii) Amanda Hartley reported back re the offer of land at the far end of the allotments potentially for use as a children's garden. She will draw up plans and grant request for funds for July meeting.
 - b) Parish Cllrs
 - i) PM reported parking issues in Grange Road continues. Action PM.

4. Financial Matters

- a) May Bank Reconciliation approved.
- b) Payments for June approved.
- c) Policies reviewed: Risk Management, Reserves, Asset Register, NALC financial regulations for Local Councils May 2024 adopted.
- d) Annual Internal Audit 2023/4, Annual Governance Statement 2023/4, Accounting Statements 2023/4 read out by AB and approved.
- e) Annual Return signed and Accounts for 2023/4 were adopted. MM requested that in future documents are emailed to Cllrs when submitted to the auditor.

5. Amenities

- a) Cemetery: repair of family headstone awaiting completed application form.
- b) Allotments: discussion regarding recently unearthed tar/bitumen leaking barrel. Price for removal and/or disposal to be sought. Action AT.
MM requested clarification of correspondence sent to allotment holders. AT read out the email to Cllrs for clarity.
- d) Play Area / Cricket Pitch: quote for jet-washing play equipment of £420 approved. Spring needs replacing on gate. Action DC.
- e) Footpaths: High London Farm path fence and stiles causing issues for walkers. Action AB.

Mary Dowson for New Buckenham Parish Council

Thank You!

On behalf of the Parochial Church Council I am writing to thank the Art Exhibition Committee for the contribution to church funds from this year's Art Exhibition. It is a significant amount at a time when we are experiencing rising prices just to meet basic operating costs.

Thanks are due to everybody who helped over the weekend, on the desk, in the kitchen, hanging the pictures and erecting the boards. I apologise if I've missed anyone, but events like this are the combination of a combined effort of many and specific thanks has to go to the leadership who inspire volunteers to help.

It never fails to surprise me how each year the exhibition goes from strength to strength, earning more and attracting new entries. Do we need to invest in a bigger Village Hall?

When I meet with treasurers from other churches in the Quidenham Benefice it really comes home just how lucky we are in this village to have two major fund-raising events each year and the generosity of people to help and particularly the generosity of the two committees to share the monies in the village.

With your continued support we will keep the church an active part of village life and it will be there when you need it.

Jimpy Casson for the PCC

The Dandelion

Like the daisy, the dandelion opens at day break and closes as the light fades. From the *Asteraceae* family, the dandelion's Latin name is *Taraxacum Officinale*. *Taraxacum* derived from the Arabic meaning 'bitter herb' and *officinale* indicating that it is of pharmaceutical value. Dandelion is a corruption of the French 'dente-di-leone', which in English is 'lions' teeth', not from the appearance of the flower, but from its jagged leaves. Being one of the earliest wild flowers to appear in the spring and continuing to flower for many months, the dandelion has many uses to both wildlife and people.

If you are a gardener who does not like dandelions in their flower bed or lawn, you know that they grow just about anywhere and are very difficult to remove completely. A perennial, meaning it will appear year after year, an individual plant can live up to 13 years if left undisturbed. The dandelion's tap root can be up to 10 inches long and even the smallest part left in the earth has the potential to grow into another plant. Appearing between March and October, the vivid yellow flowers bloom for only two days before they close tightly allowing the seeds to form inside. The round, fluffy seed head matures in 10 to 14 days. As it does so, the flower stem grows taller making the mature seed head more exposed to the scattering breeze.

With its early flowering, the dandelion is an important part of the food chain supporting over 50 species of insect including bees, wasps, flies and moths. Although the pollen is of poor nutritional value to honey bees, they readily consume it. In turn, the birds eat the insects adding to the vital wildlife food chain. Each dandelion plant can produce up to ten flowers which then creates 150 seeds per head. That's 1,500 seeds with the ability to travel 500m on the wind! The seeds are also food for goldfinches and house sparrows. The Royal Horticultural Society has added the dandelion to its 'Plants for Pollinators' list of wild flowers. The dandelion has no preference for

any particular soil type, even growing on impoverished ground found on building sites. Hence its proliferation.

Dandelions have been used for culinary and medical purposes for centuries around the world. They contain more vitamin A than spinach and also contain iron, calcium and potassium. As a diuretic, the leaves will help reduce fluid build up in the body. By helping the kidneys remove salt and water through the urine, the amount of fluid flowing through the veins is reduced which lowers blood pressure. Herbalists use dandelion root to detoxify the liver and gall bladder. The dandelion may also help improve the immune system, as studies have shown that dandelion extract reduces viruses' ability to replicate. The white sap in the stem, a form of latex, is the only inedible part of the plant. However, it will help to heal minor wounds on the skin if applied directly.

The rest of the dandelion is edible. Baked and ground into powder, the root makes a tolerable coffee substitute with no caffeine and without the bitter dandelion taste. The flowers can be made into wine (I've done it at the time it was fashionable to make hedgerow wines), put into salads, battered and deep fried, and the petals used as garnish. The leaves can be used in any dish, raw or cooked, where you may use other more conventional edible leaves.

As a child one summer, I remember cycling along the country lanes with my younger brother. It was hot, we were thirsty and had not taken any water with us. We came across a dilapidated garage with a single petrol pump and little shop selling a few sweets and dusty, warm bottles of Corona. With a few sticky pennies found in the saddle bag, we had just enough for a bottle of Dandelion and Burdock between us. Heaven! It was like nothing we had ever tasted before; slightly medicinal but so good! The fizzy brown liquid had probably been nowhere near anything as natural as either dandelion or burdock. No fizzy drink has hit the spot so well since.

If the taste of the dandelion was not to your liking, you could always make it into a fabric dye. With three different useful components to the plant it was possible by boiling then leaving the root, flower or leaves to steep for some hours, to produce either a brown, green or yellow dye.

The dandelion is also rich in folklore. It is often known as 'wet-the-bed', which reflects its diuretic properties. Every child who comes across the dandelion seed head is taught to blow the seeds from the dandelion clock counting the time. It was also called the 'shepherd's clock' as the flower opened early in the morning as the shepherd went off to tend to his flock and closed at the end of his day.

Other stories surrounding the seed head are that the seeds are really fairies and by blowing they are released from the grasp of the plant. As a 'thank you' the fairies carry away your dreams and wishes granting that they come true.

Woven into a wedding bouquet, dandelions bring good luck to the newly married couple. Maybe this comes from the flower's tenacity, strong root and long flowering season signifying the same qualities hoped for in marriage.

Wiccan beliefs indicated that if dandelions were put in the north-east part of the house they would keep away the cold north winds.

If you are able to blow all the seed heads away in one breath it means the person you love will love you equally in return. However, if some seeds remain – beware! Your lover may have reservations about their feelings for you.

The dandelion was used in magic and divination. The seed head can also be used as symbolic banishing magic. Put everything that troubles you into the seed head then blow them all away. Drinking dandelion tea before sleep gave lucid dreams and an opening into the other world.

There are more than 240 varieties of dandelion, so you are likely to find some form of the plant throughout the whole year. Over the decades we, as gardeners, have been encouraged to despise the dandelion and given many (mostly toxic) recipes for ridding our lawns and gardens of this important plant. This wasn't always the case. Prior to the discovery of modern medicine, the dandelion was cherished and allowed to grow. Before the pristine lawn became fashionable the GRASS was removed allowing the dandelion to thrive!

If we are able to remove our blinkers and turn a deaf ear to the weed killer adverts, perhaps we will be able to appreciate the dandelion for what it is – a beautiful, bright flower valuable to biodiversity and the environment with the potential to give huge joy!

Kim Cutmore

Weavers [by the sheep]

Parish News

As well as the print version, *Parish News* is also available digitally. So, if you would like to receive a electronic copy of *Parish News* by email in PDF format as well as a paper copy please fill in a subscription form at: <http://eepurl.com/dhB-1P>.

You can also find an online archive of past issues of *Parish News* at: <http://www.newbuckenham.net>.

Older issues of *Parish News* dating from the 1970s onwards can be found on the New Buckenham Archive website:

<http://www.newbuckenhamarchive.co.uk/parish%20news.htm>

Parish News Committee

200 Club Lucky Winners

Thank you for your continued support of the Village Hall. Here are the lucky winners for the latest draw.

£20

Alan Baker, Lol Satchwell, Joe Heasman

£10

Liz Norris, Mary Dowson, Diana Cole,
Phil Ackerman, Tim Smith, Bridget Farrant,
Sally Thompson

barkers

print & design

COST EFFECTIVE
SOLUTIONS
FOR ALL OF YOUR
PRINTING REQUIREMENTS



LITHO PRINTING



DIGITAL PRINTING



LARGE FORMAT



DESIGN SOLUTIONS

01953 453846 studio@barkers-print.co.uk
www.barkers-print.co.uk

MINDFULNESS CAFE



FREE HOT DRINKS, SNACKS, ACTIVITIES, LIBRARY



Due to the success of the Cafe
We will now be open
EVERY TUESDAY during term time!



10:00AM - 12:00PM

OPEN TO EVERYONE

We hope to see you there!



**KENNINGHALL
VILLAGE HALL**

Made with PosterMyWall.com

thepantrykenninghall@yahoo.com

Kings Stores

We offer a wide range of services and supplies including groceries, fresh meat and veg, newspapers, lottery, dry cleaners and lots more ...

**Opening Hours: Monday to Thursday 7am to 6pm
Friday and Saturday 7am until 7pm
Sunday 9am to 12pm**

Post Office: Wednesday 10.30 am – 12.00 pm

Why not call in and give us a try?

Look out for our special offers!

01953 860264

Castle Cafe offers great breakfasts, lovely lunches and drinks in a relaxed and friendly atmosphere. We also have a cosy club upstairs with a dining table and sofas to relax, which is also suitable for groups and meetings!



CASTLE CAFE
NEW BUCKENHAM

Tuesday to Friday 8am to 3pm; Saturday 9am to 3pm; Sunday 9am to 12pm

01953 860008

Just Ask Home Improvements

Kitchens, Bathrooms, Plastering, Tiling & Small Extensions

For All Your Property Requirements

Free No Obligation Quotes

07584 283624

email: justaskpaul1@yahoo.co.uk

 @justaskpaul

Just Ask Paul



Appleyard Hair

Mon–Fri: 9:30am–5pm

Sat: 9am–3:30pm

Late nights available by
appointment only

01953 887067

Unit 9, The Appleyard,
Banham, NR16 2HE



Osteopathy

Sports Massage

Myofascial Cupping

Medical Acupuncture

Exercise Prescription

Running Remedy



OSTEOPATHIC & SPORTS
INJURY CLINIC - WATTON

68 High Street

Watton

Thetford

IP257ER

07919 401051



Oil Boiler services

10% Discount
off your boiler service

OFTEC Qualified

Reliable

Fully Insured

SERVICING

REPAIRS

COMMISSIONING

Contact James for your Oil Boiler Service

LOCAL - PROFESSIONAL - TRUSTED

JAboilers.co.uk 07526 052 222

To Advertise Here

contact

Mary Dowson

01953 860320

mdowson@btinternet.com

**Breckland Brush
Chimney Sweep**

WOODBURNING & MULTI FUEL STOVES

est.2010

All appliances swept

sweep@brecklandbrush.co.uk

01953 881579 / 07966 298777

Qualified Experienced Professional

SWEEPERS

Chimney and Flue Cleaning Services

FOR A PROFESSIONAL SWEEP

Call Marty on:

01953 888544
07826 595385

Email: marty.the.sweep@gmail.com

EVENING AND WEEKEND SERVICE AVAILABLE

St Mary's Residential Care Home

Market Place, New Buckenham, Norfolk, NR16 2AN

Tel: 01953 860 956 / Email: manager@stmaryshome.co.uk

A home from home, at St Mary's, we offer 24-hour person-centered care within safe, warm and friendly surroundings with an emphasis on providing a high quality of life.

- Care services offered include day care, respite, dementia, palliative, end of life and long/short-term residential care
- Day care services include hot meals & refreshments
- Freshly prepared meals, including catering for special diets - Consistently received highest Food Hygiene rating of 5 star
- Single occupancy rooms, passenger lift, two enclosed gardens, Wi-Fi, nurse call facilities, wheelchair friendly wet room and a hair salon
- Residents enjoy engaging and stimulating activities
- Top ratings by residents, family & friends and healthcare professionals
- Social Services and self-funding residents welcome
- Self-funding residents offered very competitive rates
- Care package tailor-made to meet your requirements
- No-obligation free trial day offered

For further information or for a fact-finding visit, please contact the manager on 01953 860 956 or email manager@stmaryshome.co.uk

Registered and licensed to provide services by the Care Quality Commission (CQC)

An independent and family company with a long established history, founded by David Turner in 1960 and now run by his daughter, Lydia.

Providing a transparent and tailor-made service to every family at a time when it matters most.



Thetford
 15 Old Market Street | Thetford | IP24 2EQ
 Telephone: 01842 761333
 Email: thetford@turnerfunerals.co.uk

**24
 HOUR
 SERVICE**

Brandon
 2A Thetford Road | Brandon | IP27 0BS
 Telephone: 01842 811245
 Email: brandon@turnerfunerals.co.uk

***Buckenham House
 Holistic & Beauty Therapies***

- Facials
- Reflexology
- Indian Head
- Massage ~ Swedish, Hot Stone, Lava Shell
- Pregnancy Massage
- Hopi Ear Candling
- Manicure & Pedicure
- Eyelash & Brow Tinting
- Waxing

Using Eve Taylor, OPI, OPI Pro Spa, OPI Gelcolour, Orly, Orly GelFX, Songbird and GiGi Wax Products

Beauty & Holistic Therapist NVQ3 and fully insured.
 Member of the Association of Reflexologists

To book an appointment or for enquiries
 Contact Jane on
01953 860013

OR



New Buckenham Rd, Old Buckenham, NR17 1PW

**WOMACK
 BUILDING SUPPLIES LTD**



01953 788077

07770 388314

07796 638877

info@womackbuildingsupplies.co.uk

Architectural Salvage

Everything for the motorist!



MILL HOUSE GARAGE

- ✓ M.O.T Station
 - ✓ Autologic Diagnostics
 - ✓ Computerised Four-wheel alignment
 - ✓ Servicing
- ✓ Exhausts, Batteries, Welding, Bodywork
 - ✓ Fully Equipped Tyre Bay, Insurance & Accident Repairs
 - ✓ Breakdown Service

AIR
CONDITIONING
SPECIALISTS

ALL MAKES OF
TYRES SUPPLIED AT
COMPETITIVE PRICES

WE WILL
COLLECT AND
DELIVER YOUR CAR

LOAN CAR
AVAILABLE

SUPPLIERS
OF
FLOGAS

Norwich Road, New Buckenham, NR16 2BH
Phone: 01953 860572, 01953 860947

office@millhousegarage.co.uk
www.millhousegarage.co.uk



Financial Advisers for Norwich, Norfolk, and Suffolk

We offer advice in many areas including:

Specialists in Pension Planning

Unit Trusts

ISAs

Investment Bonds

IHT Planning

Protection

Our family friendly approach is of utmost important to us, and we are always here for our clients and prospective clients. We offer a **free initial, no obligation** consultation.

Want to know more? Why not visit our website at www.anglianwealthmanagement.co.uk or contact the office today on 01603 752500 or email us at anglianwm@sjpp.co.uk

Anglian Wealth Management, 12–16 Boundary Road, Hellesdon, Norwich, NR6 5HT


Anglian Wealth Management is an Appointed Representative of and represents only St. James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority). The titles 'Partner' and 'Partner Practice' are marketing terms used to describe a St. James's Place representative

SPIRE SOLICITORS^{LLP}

Local. Legal. Personable.

- Wills, Tax & Probate
- Family Law
- Employment Law
- Residential Conveyancing
- Landlord Advice
- Dispute Resolution
- Debt Recovery
- Agriculture & Estates
- Corporate & Commercial
- Commercial Property

Attleborough | Aylsham | Dereham | Diss | Norwich | Watton | Wymondham

 01379 641221



www.spire solicitors.co.uk

LINDA'S CLEANING SERVICES

Honest, reliable lady

Over 10 years'
experience

Seeks Domestic House
Cleaning Work

Call now for a quote

01379 677766,
07733033253

JOHN UNDERWOOD



ANTIQUARIAN BOOKS

Books and Manuscripts bought and sold

From C16th to C20th

Tel: 01953 860 746

Website: www.johnunderwoodbooks.co.uk

Email: underwoodbooks@icloud.com

Follow: underwoodbooks on Instagram

WHJ HOWE

Builder

Brick/flintwork specialist
New builds and restoration
Lime repointing/plastering
Over 30 years' experience

07919991097

01953 718219

LOCAL ELECTRICIAN

 **Electric 11**

07584 316 894 FIND US ON
www.electric11.co.uk  

HAND-MADE WINDOWS
DOORS, KITCHENS
AND FURNITURE

JB CARPENTRY



EVERYONE IS TALKING ABOUT
JAMIE'S HAND MADE WOODWORK
TELEPHONE JAMIE ON
01953 860 933

Broadland TREE SERVICES

- Tree Surgery
- Consultancy
- Landscaping
- Stump Grinding
- Wood chippings for sale
- Access Hire

P J Anderson
ND, ARB


Sycamore House, 2 Tanning Lane, New Buckenham

t: 01953 860370

m: 07500 888310

www.broadlandtreeservices.co.uk

Darren Rush

BUILDER & DECORATOR

All types of building work undertaken including:-

- Specialising in Older Properties
- Extensions / Loft Conversions
- Roofing
- Property Maintenance
- Landscape Gardening

MOBILE: 07778 602 026

HOME: 01953 860 693



Thinking of selling or letting your property?

Contact us we're happy to help...



propertysearch@millbanks.com

01953 453838



Norfolk Osteopathic Clinics
Tacolneston Osteopaths
Aylsham Osteopathic Practice

Yvonne Ayliffe D.O. POD FSCCO BSSCMD MChA

Lydia Ward B.Ost

9 The Fields, Tacolneston

Tel: 01953 789629 Mob: 07818 747776

reception@norfolkost.co.uk

www.norfolkost.co.uk

- Experienced osteopath qualified for 43 years,
- Muscular, nerve and joint problems
- Diploma in paediatric osteopathy
- Low back, neck and nerve pain
- Cranial Osteopathy for all ages
- Osteopathy for babies to the elderly
- Headaches and migraine, acute necks
- Sporting injuries & structural problems
- Repetitive strain injuries.
- Pre- & post- pregnancy for mother and baby

OSTEOPATHY FOR ALL



THE CLEANER

HOUSE CLEANING SERVICE

Professional female cleaner with 10+ years experience

Using only eco-friendly products

DBS checked & fully insured

Contact |

hellothecleaner@gmail.com



**No matter
what size
your
budget**

**Our compassion
is constant**



Rosedale
FUNERAL HOME

Helpful resources and advice are available at:

www.rosedalefuneralhome.co.uk

We are a family business and promise to provide exceptional care and a truly personal 24 hour service, when you need it most.



High Street, Attleborough **01953 452538**

Andy Free
Dip FD



Independent family funeral director

'Quietly helping and guiding bereaved families for many years now, our family team offer guidance and direction at a time most needed'

Pre-paid Funeral Plans and Memorialisation Available

Attleborough 01953 452455 Wymondham 01953 605222

attleborough@andyfree.com

wymondham@andyfree.com

24 hour service

Dates For Your Diary

July 2024	
Tues 9th	Parish Council Meeting, Village Hall, 7:30pm
Tues 16th	Village Hall Trust AGM, Village Hall, 8pm
Thurs 18th	Good Companions, Village Hall, 2:30pm
Sat 20th	Coffeemates!, St Martin's Church, 10:30am
Sat 20th & Sun 21st	Open Churches Weekend across the Quidenham Group
Sat 27th	New Buckenham Village Show, Village Hall, 2pm

The Village Hall Bookings Administrator is Stevie Hobley
07469 715517 ~ bookings@newbuckenhamvillagehall.co.uk

Contributions for the August 2024 issue of *New Buckenham Parish News* should be submitted by 6pm on Friday 19th July to Richard Hoggett, 9 Church Street (860136), Katie Wyatt-Hupton, Orchard Cottage, Marsh Lane (308427) or by email to editor@newbucknews.co.uk.

TO ADVERTISE: please contact Mary Dowson on 01953 860320 or mdowson@btinternet.com